



Dear HopOn Parents and Participants,

Cycling BC's HopOn School Program ([formerly iRide](#)) is excited to visit your child's school in the coming weeks. HopOn brings instructors and bikes to your child's gym class so that everybody can participate. We will be teaching basic & intermediate biking skills to your child's class within the safety of the school grounds for one hour each day during our 3-day visit for a total of 3 hours of instruction.

This take-home letter will help you register & prepare your child for the program.

Please register **no later than 7 days before our visit** so that our staff and your child's teacher can ensure everyone is registered before our visit. **Your child must be registered to participate.**

REGISTER ONLINE @ cyclingbc.net/hoponreg *(Please use a computer, not a mobile device)*

When you register online, please CREATE AN ACCOUNT in the name of the PARENT/GUARDIAN.

You can then click on REGISTER SOMEONE ELSE and create a sub-profile for your child.

The online registration system helps maintain the security of your information, allows for accurate record-keeping & reporting, and is environmentally friendly. Please complete the registration process until you have received an automated registration confirmation email.

To help create the most positive experience for your child:

1. [Register Online](#)
2. Read our 'Frequently Asked Questions' @ cyclingbc.net/hopon
3. Have your child wear closed-toed shoes (NO SANDALS) & dress for the weather (rain or shine)
4. Bring your child's own bicycle and helmet—this is more fun and your child will be familiar with the equipment. This is encouraged so long as the bike is in good repair & the helmet is CSA-certified.
 - a. If your child does not have their own bike, we do provide free rental bikes & helmets for children between 4'0" and 5'5".

We look forward to your child enjoying their Cycling BC HopOn experience.

The HopOn program started in 2013—under the name Cycling BC iRide—and visits approximately 6,000 students each year thanks to the support of private donations, government grants, and program fees. Your child's school is covering 50% of the program's cost, a total of \$1200 or an average of \$3 per student per day (estimated for 150 students/school).

Cycling BC is the provincial governing body for the sport of cycling, and we help develop coaches, run competitive events, and support recreational and high-performance cyclists across various disciplines of cycling including BMX, Mountain Bike, Cyclocross, Track & Road. To learn more, please visit www.cyclingbc.net.