

Cycling BC

Commissaire Overview 2025

Commissaire Roles & Responsibilities:

We do not have a Provincial Head Commissaire. Instead, our staff will contact our experienced commissaries for consultation on a needs basis. Please contact Arlaine and Ben to discuss any topics of interest. *Please do not send group email messages to the commissaire group.*

This year, Google Calendar will be used to schedule and confirm our panels.

- Invitations will outline the location, time, roles, and other event-specific reminders.
- Please consider downloading the Google Calendar app on your mobile device to ensure that you have access to our system. [Apple Device](#) [Android Device](#)

PCP

The PCP will not communicate with the Event Organizer directly unless Arlaine approves, as this activates the prep-work \$50 fee. Cycling BC is initiating new internal processes to ensure Event Organizers receive more support from Cycling BC staff. In appreciation for the time and effort PCPs spent previously communicating with Event Organizers, in 2025, our internal staff team will take on these responsibilities. This will also help us ensure that post-event wrap-up conversations are held within 5 business days of the event.

- Before the Event
 - There are 2 items that the PCP needs to confirm before the event via email/phone with Cycling BC Staff.
 - i. Are there necessary edits to the Technical Guide, based on Cycling BC's Race Rules
 - ii. Specify the role of the currently scheduled panel members. This will be reflected in the technical guide.
- After the Event
 - As such, PCP post-event reports MUST be submitted by the end of the day on the Tuesday following the event.
 - i. PCPs are not permitted to share the details of the PCP report with the event organizer, the race organizer committee, or other Cycling BC members.
 - ii. The PCP report is a private internal document for Cycling BC administrative purposes.
 - iii. If Cycling BC staff decide to share any written excerpt of the PCP report with the Event Organizer, information will be anonymized.
 - Provide insight on the performance of commissaries in training using the MENTORSHIP RUBRIC discussed later in this document.

Panel Members

Our 2025 panel members will receive RED ball caps to wear during their work time. Only Provincial B commissaires scheduled for several events may qualify for a branded jacket. Commissaire clothing must not be worn outside work hours per [Section 2.11 of Cycling BC's 2025 Code of Conduct](#).

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Commissaire Memberships (Technical License)

Commissaires will receive a complimentary license to encourage new people to get involved.

If you have not already purchased your license.

- [Click here to register through our Cycling BC staff portal](#)
- Use passcode: **yellow**
- Use discount code (in final cart): **cbc-commissaire-2025-112**

If you have already purchased your license, please submit an invoice for reimbursement along with the receipt from CCN. (2025 Invoice template under Invoicing in this document)

Commissaire Compensation

2025 Commissaires will receive a flat-rate fee covering the daily honorarium and any approved travel. If more than 250 km are travelled, commissaires will receive a flat fee of \$250 per event.

PCP Pre-Post Admin	\$50.00	per event
PCP On-Site	\$135.00	per day
	\$67.50	per half-day [4hrs]

Under extraordinary circumstances, additional compensation may be awarded if a PCP fulfills administrative duties regularly performed by Cycling BC Staff [pre-approval required].

Panel Members	\$110.00	per day
Panel Members	\$55.00	per half-day [4hrs]

CBC will work with the assigned PCP to determine the appropriate work hours per panel member for each race. Depending on the race schedule, some panel members may be assigned half-days, resulting in a half-day compensation rate.

We encourage everyone to add meal receipts to invoices when appropriate, as below:

- \$12 Breakfast when required to leave home before 6:00 am
- \$14 Lunch (when not provided by the race organizer)
- \$24 Dinner (when working a stage race and meals are not provided)

***Meals Reimbursement**

- *Breakfast: When required to leave home before 6 am to arrive on time. (\$12)*
- *Lunch: When the race organizer has not provided lunch. (\$14)*
- *Dinner: When working a stage race, meals are not provided. (\$24)*

Cycling BC

Commissaire Overview 2025

Commissaire Invoicing Procedure

The invoicing process will remain the same for 2025.

Cycling British Columbia uses Royal Bank of Canada (RBC) Pay Edge to process contractor payments. This process is much faster than our previous system (Plooto)

If you are new to the Commissaire group, you will be sent an email from RBC PayEdge to set up an account. Please feel free to confirm the authenticity of this email with arlaine@cyclingbc.net.

Please submit your invoices within 1 week of the event. We require all invoices to be submitted within no more than 45 days of the event.

To submit an invoice:

[Make a copy of the google sheet \(Go to menu FILE and click MAKE A COPY or DOWNLOAD\):](#)

1. ***Add your contact information, including the email address to which your PayEdge payment should be submitted.***
2. ***Enter a UNIQUE invoice number for each invoice.*** Using the same invoice number for more than one invoice will result in delays, as PayEdge will reject the invoice as already paid.
3. ***Enter the Event Name - the same as it was identified when you were scheduled*** for the event. When nicknames for events are used on invoices, it can cause a delay in payment.
4. ***Enter the days worked in the categories provided.*** Please remember to use the half-day line item for half days.
5. ***Please save the Google sheet as a PDF and submit it with receipts for all expenses in the invoice.***

Invoices are submitted to our accountant on Tuesday, and PayEdge is generally cleared the following Tuesday. We will follow this timeline, but occasionally, there might be a slight delay. Please contact arlaine@cyclingbc.net if you have any questions about your invoices.

Please note: Cycling British Columbia requires a Social Insurance Number for any individual paid more than \$550 each calendar year. (excluding meals and expenses) If you prefer not to fill out this item on your invoice. Please call Arlaine Mozell at 604-737-3034 ext 5.

Commissaires Education

Cycling BC Commissaire Overview 2025

NEW FOR 2025 - with permission from Cycling Canada, we are initiating a review of the Provincial C commissaire training experience. Our short-term goals include:

- Establish a role-based competency rubric for each sport.
 - For example, there are four significant roles on a ROAD panel. What are the minimum competencies to perform the duty without supervision in each role? Once commissaries have demonstrated minimum competencies across all four roles, they graduate to Provincial B status in that cycling discipline.
- Pilot a new educational slide-deck that replaces the existing Cycling Canada eLearning module (from 2014). This slide-deck can be taught in a synchronous video call and morph into an on-demand eLearning. This slide-deck will conclude with a quiz new commissaires can complete.
- Create a brand-new education slide deck and exam for Provincial A commissaires.

The pathway for NEW commissaires is thus as follows:

1. Schedule a call with Ben
2. Create a free COMMISSAIRE account at cyclingbc.net/edu and complete the basic eLearning or slide deck/quiz.
3. Debrief with Ben via phone call to review the MENTORSHIP RUBRIC and thus achieve Prov-C accreditation. Use the discount code provided to register as a Cycling BC commissaire ([Use this portal and the passcode "yellow"](#)).
4. Schedule your first commissaire event with Arlaine. Confirm by Google Calendar.
 - a. Race Training Session 1 - reimbursement for meals* (with receipts)
 - b. Race Training Session 2 - paid a flat rate of \$110 + meals* (with receipts)

Following training session 2, flat rate payment will continue at \$110 per full day until the panel member can perform primary functions without assistance.

5. Once you have worked on 2-3 events, Ben will connect with you to discuss your experience and the next steps based on your competencies according to the RUBRIC.

Cycling BC

Commissaire Overview 2025

Commissaire Resources [NEW]

Cycling BC is preparing several new resources to support the Commissaire experience.

- Race Rules
 - [View here](#)
 - We would happily invite one experienced commissaire per discipline to help finalize these new rule summaries over the coming weeks. DUE Jan 31.

- Technical Guide Templates
 - We are producing new templates to
 - i. Ensure athletes receive the necessary information before the event and
 - ii. We need to help support new organizers in getting started.

- Laminated On-Site Handbook, designed for new commissaires and other volunteers
 - Page 1 - How to read a license
 - Page 2 - Type of Commissaire and their role at each sport, PCP report
 - Page 3 - Race Rules
 - Page 4 - Troubleshooting
 - What to do in the case of an accident
 - What to do in the case of a safety or competition rule violation
 - Page 5 - Invoicing and Compensation

- New Jackets and Hats
 - Commissaires with Provincial B status and beyond receive a JACKET
 - Commissaires with Provincial C status and beyond receiving a HAT

2025 CYCLING BC

PROVINCIAL RACE MEMBERSHIP

Name: John Doe
UCI ID: [Redacted]
Team: Team Name
Club: Club Name
Age: 40
Date of Birth: October 1, 1984
Gender: Male
Issued: MM-DD-YYYY [Expires Dec 31, 2025]
Category: RMMD.4
EMERGENCY CONTACT: Name Surname
###-###-####

Your UCI ID is a unique life-long number used to track results & uphold regulations.

This ID number is specific to your province or territory.
e.g. BC12345

Photograph of you without a helmet, hat, or sunglasses.

Remember to smile!

Athletes competing in sanctioned races must wear the jersey of their current TRADE TEAM or CLUB

Racing Age equals your age on Dec 31st of this year.
(For Cyclocross add one year)

Competition Categories include: Discipline Gender Age. Ability
E.G. RMMD.4 = Road, Men, MasterD (+65yr), Category 4

This membership type provides access to:

- 24/7 Sports Accident Insurance during sanctioned and non-sanctioned cycling activities.
- General Liability Insurance ONLY during sanctioned or registered cycling activities.

Compete in Cycling BC-sanctioned provincial races, and non-championship or open categories at national races.

To learn more, visit cyclingbc.net

To update your account, visit cyclingbc.net/myaccount

Visit our website to learn more about the benefits of Cycling BC



As a Provincial Race license holder, I agree to abide by all rules and regulations as set out by Cycling BC, Cycling Canada and the UCI





Photograph of you without a helmet, hat, or sunglasses.

Remember to smile!

UCI ID

111 222 333 44

Last Name(s)

Doe

First Name(s)

John

Nationality

CANADIAN

Date of birth

YYYY-MM-DD

Age

##

Gender

Male

UCI Category

Youth, Elite, Masters, Para

UCI Technical

ICT, CCT, PCT, DR

Trade Team

Team Name

Valid until December 31, 2025

Your UCI ID is a unique life-long number used to track results & uphold regulations.

Your Racing Age equals your age on Dec 31st of this year. (For Cyclocross add one year)

Your UCI Age Category is used for events including Provincials, Nationals, or UCI.

Technical licenses like coaches, officials, managers, mechanics, drivers, etc. (View codes document)



Federation ID

12345

Category

GWU17.3 CWU17.3

Club/Business

Club Name

Cycling British Columbia: +1(604) - 737 - 3034

Cycling Canada: +1(613) - 248 - 1352

EMERGENCY CONTACT: Name Surname

+# (####) - #### - ####

As a resident of British Columbia, this license is issued by Cycling BC, an affiliate of Cycling Canada. Our 24/7 Sport Accident coverage is valid for residents of British Columbia who have a Medical Services Plan (MSP) coverage. Liability coverage is valid when participating in sanctioned competitions and registered team training activities. Learn more at cyclingbc.net, review your account at cyclingbc.net/myaccount, request an upgrade at cyclingbc.net/upgrade.

This ID number is specific to your province or territory. e.g. BC12345

Your competition categories are shown here, formatted as: SPORT GENDER AGE.ABILITY

Athletes competing in sanctioned races must wear the jersey of their current TRADE TEAM or CLUB

Visit the website for your provincial or territorial cycling organization for more info.

The holder agrees to abide by the UCI Constitution and Regulations, as well as the regulations of Cycling Canada, and Cycling BC regulations, in particular the UCI Anti-Doping Rules. I recognize the exclusive jurisdiction of the International Court of Arbitration for Sport (CAS) in Lausanne, Switzerland, as provided for under the relevant provisions of the UCI Regulations. I acknowledge and agree that the personal information I provide in this application shall be passed and held by the UCI.

2025		AGE CATEGORIES FOR ROAD, TRACK, GRAVEL, MTB, BMX, PARA								
		Cat.	Year of Birth	Race Age			Cat.	Year of Birth	Race Age	
Masters	65+		1960	65	Elite (Seniors)	Elite		1991	34	
	55-64		1961	64					1992	33
			1962	63					1993	32
			1963	62					1994	31
			1964	61					1995	30
			1965	60					1996	29
			1966	59					1997	28
			1967	58					1998	27
			1968	57					1999	26
			1969	56					2000	25
			1970	55					2001	24
		1971	54					2002	23	
	45-54		1972	53				U23 (Espoirs)		2003
			1973	52			2004		21	
			1974	51			2005		20	
			1975	50			2006		19	
			1976	49						
		35-44		1977	48		Juniors	U19	2007	18
				1978	47				2008	17
				1979	46		Youth	U17	2009	16
				1980	45				2010	15
				1981	44					
			1982	43		U15		2011	14	
			1983	42				2012	13	
			1984	41						
			1985	40		U13		2013	12	
	1986		39			2014		11		
	1987	38								
	1988	37		U11	2015	10				
	1989	36			2016	9				
	1990	35								
35+ may select the Elite (Senior) age group category when purchasing their annual license. They will race that category all year. No flip-flopping between age-category during the season. Road, CX, Gravel, Track ability levels appears as .1, .2, .3, .4, .5 at the end of the code					Categories may be sub-divided by ability levels. MTB & BMX Ability (Novice, Sport, Expert) appears as .N, .S, .E at the end of the code. The Elite (Senior) age riders sub-ability elite level doesn't show a . extension. Prefix X is for XC, D for DH, EN for Enduro					

2025		AGE CATEGORIES FOR CYCLOCROSS ONLY									
		Cat.	Year of Birth	Race Age			Cat.	Year of Birth	Race Age		
Masters	65+		1961	65	Elite (Seniors)	Elite		1992	34		
										1993	33
	55-64		1962	64						1994	32
			1963	63						1995	31
			1964	62						1996	30
			1965	61						1997	29
			1966	60						1998	28
			1967	59						1999	27
			1968	58						2000	26
			1969	57						2001	25
			1970	56						2002	24
			1971	55						2003	23
	45-54		1972	54						2004	22
			1973	53						2005	21
			1974	52				2006	20		
			1975	51				2007	19		
			1976	50							
			1977	49		Juniors	U19		2008	18	
			1978	48					2009	17	
			1979	47							
			1980	46					2010	16	
			1981	45					2011	15	
	35-44		1982	44		Youth					
			1983	43							
			1984	42				U15		2012	14
			1985	41						2013	13
		1986	40								
		1987	39				U13		2014	12	
		1988	38						2015	11	
		1989	37								
		1990	36				U11		2016	10	
		1991	35						2017	9	
35+ may select the Elite (Senior) age group category when purchasing their annual license. They will race that category all year. No flip-flopping between age-category during the season. Road, CX, Gravel, Track ability levels appears as .1, .2, .3, .4, .5 at the end of the code					Categories may be sub-divided by ability levels. MTB & BMX Ability (Novice, Sport, Expert) appears as .N, .S, .E at the end of the code. The Elite (Senior) age riders sub-ability elite level doesn't show a . extension. Prefix X is for XC, D for DH, EN for Enduro						

2025 Technical license Categories

UCI Category	National Category	Road	Track	CX	MTB	BMX	BMX Freestyle	Para
Commissaires	UCI	RCU	TCU	CXCU	MCU	BCU	FCU	PCU
	National Elite	RCNE	TCNE		MCNE	BCNE	FCNE	PCN
	National	RCN	TCN	CXCN	MCN	BCN	FCN	
	Provincial A	RCA	TCA	CXCA	MCA	BCA	FCA	
	Provincial B	RCB	TCB	CXCB	MCB	BCB	FCB	
	Provincial C	RCC	TCC	CXCC	MCC	BCC	FCC	
Coaches	Community Coach Trained	CCT	CCT	CCT	CCT	CCT	CCT	CCT
(all disciplines)	Development Coach Trained	ICT	ICT	ICT	ICT	ICT	ICT	ICT
	Development Coach Certified	ICC	ICC	ICC	ICC	ICC	ICC	ICC
	Performance Coach Trained	PCT	PCT	PCT	PCT	PCT	PCT	PCT
	Performance Coach Certified	PCC	PCC	PCC	PCC	PCC	PCC	PCC
Category Technique Staff	Manager	DS	DS	DS	DS	DS	DS	DS
(all disciplines)	Driver <i>*see requirements memo</i>	DR	DR	DR	DR	DR	DR	DR
	Motorcycle driver	MD	MD	MD	MD	MD	MD	MD
	Mechanic	ME	ME	ME	ME	ME	ME	ME
	Soigneur	SO	SO	SO	SO	SO	SO	SO
	Rider's agent <i>*UCI certified</i>	RA	RA	RA	RA	RA	RA	RA
	UCI Classifier							UCL
	National Classifier							NCL
Organizer (all disciplines)	Event Organizer	ORG	ORG	ORG	ORG	ORG	ORG	ORG

2025 General Membership Categories and Teams

UCI categories	National category	Road	Track	CX	MTB	BMX
CC Elected Members	CC President	CCPR	CCPR	CCPR	CCPR	CCP
(all disciplines)	CC Board Members	CCB	CCB	CCB	CCB	CCB
	Provincial Presidents	PSOPR	PSOPR	PSOPR	PSOPR	PSO
	Provincial Board Members	PSOB	PSOB	PSOB	PSOB	PSO
CC Members	UCI Cycling for All	CFA	CFA	CFA	CFA	CFA
(all disciplines)	General Member	GM	GM	GM	GM	GM
	Hop On Mini Membership	HOP	HOP	HOP	HOP	HOP
Racing Teams	UCI WorldTeam	WTT				
	UCI Women's WorldTeam	WTW				
	UCI ProTeam	PRT				
	UCI Continental Team / Women's	CTM/CTW				
	UCI MTB World Series Team				WST	
	UCI Mountain Bike Team				UMT	
	UCI Track Trade Team		UTT			
	UCI CX Team / UCI CX Pro Team			CRO/P-CRO		
	CC National Trade Team	NRT	NTT	NCXT	NMT	NBT
	Provincial Trade Team	PRT	PTT	PCXT	PMT	PBT

Code de license 2025 catégories technique

Catégorie UCI	Catégorie nationale	Route	Piste	CX	MTB	BMX	BMX Freestyle	Para
Commissaires	UCI	RCU	TCU	CXCU	MCU	BCU	FCU	PCU
	National Elite	RCNE	TCNE		MCNE	BCNE	FCNE	PCN
	National	RCN	TCN	CXCN	MCN	BCN	FCN	
	Provincial A	RCA	TCA	CXCA	MCA	BCA	FCA	
	Provincial B	RCB	TCB	CXCB	MCB	BCB	FCB	
	Provincial C	RCC	TCC	CXCC	MCC	BCC	FCC	
Entraîneurs	Entraîneur Communautaire Formé	CCT	CCT	CCT	CCT	CCT	CCT	CCT
(toutes disciplines)	Entraîneur Développement -Formé	ICT	ICT	ICT	ICT	ICT	ICT	ICT
	Entraîneur Développement -Certifié	ICC	ICC	ICC	ICC	ICC	ICC	ICC
	Entraîneur Performance -Formé	PCT	PCT	PCT	PCT	PCT	PCT	PCT
	Entraîneur Performance -Certifié	PCC	PCC	PCC	PCC	PCC	PCC	PCC
Catégorie Technique	Gérant	DS	DS	DS	DS	DS	DS	DS
(toutes disciplines)	Chauffeur *voir exigences mémo	DR	DR	DR	DR	DR	DR	DR
	Motocycliste	MD	MD	MD	MD	MD	MD	MD
	Mécanicien	ME	ME	ME	ME	ME	ME	ME
	Soigneur	SO	SO	SO	SO	SO	SO	SO
	Agent de coureur *Certification UCI	RA	RA	RA	RA	RA	RA	RA
	Classificateur UCI							UCL
	Classificateur national							NCL
Organisateur (toutes disciplines)	Organisateur	ORG	ORG	ORG	ORG	ORG	ORG	ORG

Code de license 2025 catégories de membres général & équipes

Catégorie UCI	Catégorie nationale	Route	Piste	CX	MTB	BMX
Membres élus CC	Président CC	CCPR	CCPR	CCPR	CCPR	CCP
(toutes disciplines)	Membre du CA CC	CCB	CCB	CCB	CCB	CCB
	Président provincial	PSOPR	PSOPR	PSOPR	PSOPR	PSO
	Membre des CA provinciaux	PSOB	PSOB	PSOB	PSOB	PSO
Membres ACC	Cycliste pour tous UCI	CFA	CFA	CFA	CFA	CFA
(toutes disciplines)	Membres généraux	GM	GM	GM	GM	GM
	Mini adhésion Embarquez	HOP	HOP	HOP	HOP	HOP
Groupes sportif	Équipe UCI WorldTeam	WTT				
(toutes disciplines)	Équipe femmes UCI WorldTeam	WTW				
	Équipe UCI ProTeam	PRT				
	Équipe Continentale / femmes - UCI	CTM/CTW				
	Equipe UCI MTB World Series				WST	
	Groupe sportif MTB - UCI				U-MTB	
	Groupe sportif de piste - UCI		UTT			
	Groupe sportif CX – UCI / Pro CX			CRO/P-CRO		
	Groupe sportif CC	NRT	NTT	NCXT	NMT	NBT
	Groupe sportif provinciaux	PRT	PTT	PCXT	PMT	PBT

2025 Licencing Codes Road, Track, CX

UCI Category	National Category	Road	Track	CX
Youth	Under 13 women	RWU13	TWU13	CWU13
	Under 13 men	RMU13	TMU13	CMU13
	Under 15 women	RWU15	TWU15	CWU15
	Under 15 men	RMU15	TMU15	CMU15
	Under 17 women	RWU17	TWU17	CWU17
	Under 17 men	RMU17	TMU17	CMU17
Junior	Junior women 17-18	RWJ	TWJ	CWJ
	Junior men 17-18	RMJ	TMJ	CMJ
Under 23	U23 women (19-22)	RWU23		CWU23
	U23 men (19-22)	RMU23		CMU23
Elite	Elite women (23 +)	RWE	TWE	CWE
	Elite men (23+)	RME	TME	CME
Master	Master women 35-44	RWMA	TWMA	CWMA
	Master women 45-54	RWMB	TWMB	CWMB
	Master women 55-64	RWMC	TWMC	CWMC
	Master women 65+	RWMD		CWMD
Master Men Open	Master men 35-44	RMMOA	TMMOA	CMMOA
	Master men 45-54	RMMOB	TMMOB	CMMOB
	Master men 55-64	RMMOC	TMMOC	CMMOC
	Master men 65+	RMMOD	TMMOD	CMMOD
Note:	That national rider category code reads as follows:			
	1st letter: discipline			
	2nd letter: gender			
	3-5th letters and/or numbers: National category			
	Last letter or number: ability			
Ability Codes:	1st category	1		
	2nd category	2		
	3rd category	3		
	4 th category	4		
Note:	The ability code is added <u>after</u> the National code			
	e.g. Road Elite Women 2nd category: RWE.2			

Code de Licence 2025 Route, Piste, CX

Catégorie UCI	Catégorie nationale	Route	Piste	CX
Jeunesse	Moins de 13 ans femme	RWU13	TWU13	CWU13
	Moins de 13 ans homme	RMU13	TMU13	CMU13
	Moins de 15 ans femme	RWU15	TWU15	CWU15
	Moins de 15 ans homme	RMU15	TMU15	CMU15
	Moins de 17 ans femme	RWU17	TWU17	CWU17
	Moins de 17 ans homme	RMU17	TMU17	CMU17
Junior	Junior femme (17-18)	RWJ	TWJ	CWJ
	Junior homme (17-18)	RMJ	TMJ	CMJ
Moins de 23	U23 (19-22)	RWU23		CWU23
	U23 (19-22)	RMU23		CMU23
Elite	Elite femme (23 +)	RWE	TWE	CWE
	Elite homme (23+)	RME	TME	CME
Maître	Maître femme 35-44	RWMA	TWMA	CWMA
	Maître femme 45-54	RWMB	TWMB	CWMB
	Maître femme 55-64	RWMC	TWMC	CWMC
	Maître femme 65 et +	RWMD		CWMD
Hommes Open	Maître 35-44	RMMOA	TMMOA	CMMOA
	Maître 45-54	RMMOB	TMMOB	CMMOB
	Maître 55-64	RMMOC	TMMOC	CMMOC
	Maître 65 et +	RMMOD	TMMOD	CMMOD
Note:	La codification nationale se lit comme suit :			
	1ère lettre : la discipline			
	2e lettre : genre			
	3-5e lettres et/ou chiffres : Catégorie nationale			
	Dernière lettre ou chiffre : Niveau			
Niveaux	1ere catégorie	1		
d'habileté:	2e catégorie	2		
	3e catégorie	3		
	4e catégorie	4		
Note:	Le niveau est ajouté après la codification nationale			
	ex.: Élite femme sur route catégorie 2 : RWE.2			

2025 Licencing Codes MTB-XC, DH, 4X, Trials, Enduro

UCI Category	National Category	XC	DH	4X	Trials	Enduro
Youth	Under 13 women	XWU13				
	Under 13 men	XMU13				
	Under 15 women	XWU15	DWU15			
	Under 15 men	XMU15	DMU15			
	Under 17 women	XWU17	DWU17	4WU17		ENWU17
	Under 17 men	XMU17	DMU17	4MU17		ENMU17
U10	9-10 men				TRMU10	
	9-10 women				TRWU10	
U12	11-12 men				TRMU12	
U13	11-13 women				TRWU13	
U14	13-14 men				TRMU14	
U16	15-16 men				TRMU16	
	14-16 women				TRWU16	
Junior	Junior women (17-18)	XWJ	DWJ	4WJ	TRWJ	
	Junior men (17-18)	XMJ	DMJ	4MJ	TRMJ	
Under 23	U23 women (19-22)	XWU23				
	U23 men (19-22)	XMU23				
Elite	Elite women (23 +)	XWE	DWE	4WE		
	Elite men (23+)	XME	DME	4ME	TRME	
	Elite women (19+)				TRWE	
	Elite Women (17+)					ENWE
	Elite Men (17+)					ENME
Master	Master women 35-44	XWMA				
	Master women 45-54	XWMB				
	Master women 55-64	XWMC	DWM	4WM		
	Master women 65+	XWMD				
	Master women 35+					ENWMA
Master Open Men	Master men 35-44	XMMOA	DMMOA	4MMOA		
	Master men 45-54	XMMOB	DMMOB	4MMOB		
	Master men 55-64	XMMOC	DMMOC	4MMOC		
	Master men 65+	XMMOD				
	Master men 35+					ENMMA
Note:	The national rider category code reads as follows:					
	1st letter: discipline					
	2nd letter: gender					
	3-5th letters and/or numbers: National category					
	Last letter or number: ability					
Ability codes:	Elite	No code				
	Expert	.E				
	Sport	.S				
	Novice	.N				
Note:	The ability code is added after the National category code					
	e.g. Cross country Under 17 women sport: XWU17.S					

Code de Licence 2025 MTB-XC, DH, 4X, Trials, Enduro

Catégorie UCI	Catégorie nationale	XC	DH	4X	Trials	Enduro
Jenunesse	Moins de 13 femme	XWU13				
	Moins de 13 homme	XMU13				
	Moins de 15 femme	XWU15	DWU15			
	Moins de 15 homme	XMU15	DMU15			
	Moins de 17 femme	XWU17	DWU17	4WU17		ENWU17
	Moins de 17 homme	XMU17	DMU17	4MU17		ENMU17
U10	9-10 homme				TRMU10	
	9-10 femme				TRWU10	
U12	11-12 homme				TRMU12	
U13	11-13 femme				TRWU13	
U14	13-14 homme				TRMU14	
U16	15-16 homme				TRMU16	
	14-16 femme				TRWU16	
Junior	Junior femme (17-18)	XWJ	DWJ	4WJ	TRWJ	
	Junior homme (17-18)	XMJ	DMJ	4MJ	TRMJ	
Moins de 23	U23 femme	XWU23				
	U23 homme	XMU23				
Elite	Elite femme (23 +)	XWE	DWE	4WE		
	Elite homme (23+)	XME	DME	4ME	TRME	
	Elite femme 19+				TRWE	
	Elite femme (17+)					ENWE
	Elite Homme (17+)					ENME
Maitre	Maître femme 35-44	XWMA				
	Maître femme 45-54	XWMB				
	Maître femme 55-64	XWMC	DWM	4WM		
	Maître femme 65 et +	XWMD				
	Maître femme 35 et +					ENWMA
Homme Open	Maître homme 35-44	XMMOA	DMMOA	4MMOA		
	Maître homme 45-54	XMMOB	DMMOB	4MMOB		
	Maître homme 55-64	XMMOC	DMMOC	4MMOC		
	Maître homme 65 et +	XMMOD				
	Maître homme 35 et +					ENMMOA
Note:	La codification nationale se lit comme suit :					
	1ère lettre : la discipline					
	2e lettre : genre					
	3-5e lettres et/ou chiffres : Catégorie nationale					
	Dernière lettre ou chiffre : Niveau					
Niveaux d'habileté:	Elite	Pas de code				
	Expert	.E				
	Sport	.S				
	Novice	.N				
Note:	Le niveau est ajouté après la codification nationale					
	ex.: Cross-country moins de 17 femme Sport : XWU17.S					

2025 Licencing Codes BMX

UCI Category	National Category	BMX 20"	BMX 24"
Challenge 20"	5-7 years female	BW5-7	
Female	8 years female	BW8	
	9 years female	BW9	
	10 years female	BW10	
	11 years female	BW11	
	12 years female	BW12	
	13 years female	BW13	
	14 years female	BW14	
	15 years female	BW15	
	16 years female	BW16	
	17-24 years female	BW17-24	
	25+ years female	BW25+	
Male	5-6 years male	BM5-6	
	7 years male	BM7	
	8 years male	BM8	
	9 years male	BM9	
	10 years male	BM10	
	11 years male	BM11	
	12 years male	BM12	
	13 years male	BM13	
	14 years male	BM14	
	15 years male	BM15	
	16 years male	BM16	
	17-24 years male	BM17-24	
	25-29 years male	BM25-29	
	30-34 years male	BM30-34	
	35+ years male	BM35+	
Challenge Cruiser 24"	12 years & under female		BCSW12
Female	13-16 years female		BCSW13-16
	17-29 years female		BCSW17-29
	30-39 years female		BCSW30-39
	40+ years female		BCSW40+
Male	12 years & under male		BCSM12
	13 & 14 years male		BCSM13-14
	15 & 16 years male		BCSM15-16
	17-24 years male		BCSM17-24
	25-29 years male		BCSM25-29
	30-34 years male		BCSM30-34
	35-39 years male		BCSM35-39
	40-44 years male		BCSM40-44
	45-49 years male		BCSM45-49
	50+ years male		BCSM50+
Championship Junior	Junior Women (17-18)	BWJ	
	Junior Men (17-18)	BMJ	
Under 23	U23 Women (19-22)	BWU23	
	U23 men (19-22)	BMU23	
	Elite Women (23+)	BWE	
	Elite Men (23+)	BME	
Master	Master 30 + female	BMW30+	
Master Open	Master 30 + male	BMMO30+	
Note:	The national rider category code reads as follows:		
	1 st letter: discipline		
	2 nd letter: gender		
	3-5 th letters and/or numbers: National Category		
	Last letter or number: ability		
Ability Codes:	Expert		.E

	Intermediate	.I
	Novice	.N
Note:	The ability code is added after the national category code. e.g. Challenge 12 year old female novice: BW12.N	

2025 Code de Licence BMX

Catégorie UCI	Catégorie Nationale	BMX 20"	BMX 24"
Challenge 20"	5-7 ans femme	BW5-7	
Female	8 ans femme	BW8	
	9 ans femme	BW9	
	10 ans femme	BW10	
	11 ans femme	BW11	
	12 ans femme	BW12	
	13 ans femme	BW13	
	14 ans femme	BW14	
	15 ans femme	BW15	
	16 ans femme	BW16	
	17-24 ans femme	BW17-24	
	25 et + femme	BW25+	
Male	5-6 ans homme	BM5-6	
	7 ans homme	BM7	
	8 ans homme	BM8	
	9 ans homme	BM9	
	10 ans homme	BM10	
	11 ans homme	BM11	
	12 ans homme	BM12	
	13 ans homme	BM13	
	14 ans homme	BM14	
	15 ans homme	BM15	
	16 ans homme	BM16	
	17-24 ans homme	BM17-24	
	25-29 ans homme	BM25-29	
	30-34 ans homme	BM30-34	
	35 et + homme	BM35+	
Challenge Cruiser 24"	12 ans et moins femme		BCSW12
Female	13-16 ans femme		BCSW13-16
	17-29 ans femme		BCSW17-29
	30-39 ans femme		BCSW30-39
	40 et + femme		BCSW40+
Male	12 et moins homme		BCSM12
	13 & 14 ans homme		BCSM13-14
	15 & 16 ans homme		BCSM15-16
	17-24 ans homme		BCSM17-24
	25-29 ans homme		BCSM25-29
	30-34 ans homme		BCSM30-34
	35-39 ans homme		BCSM35-39
	40-44 ans homme		BCSM40-44
	45-49 ans homme		BCSM45-49
	50 ans + homme		BCSM50+
Championship Junior	Junior femme (17-18)	BWJ	
	Junior homme (17-18)	BMJ	
Moins de 23 ans	U23 femme	BWU23	
	U23 homme	BMU23	
Championship Elite	Elite femme (23 +)	BWE	
	Elite homme (23+)	BME	
Master	Maître femme 30 +	BMW30+	
Master Open	Maître homme 30 +	BMMO30+	
Note:	La codification nationale se lit comme suit :		
	1ère lettre : la discipline		
	2e lettre : genre		
	3-5e lettres et/ou chiffres : Catégorie nationale		
	Dernière lettre ou chiffre : Niveau		

Niveaux d' habileté:	Expert	.E
	Intermediate	.I
	Novice	.N
Note:	Le niveau est ajouté après la codification nationale	
	ex.: Challenge 12 ans femme novice : BW12.N	

2025 Licencing Codes BMX Freestyle (Park & Flatland)

UCI Category	National Category	Freestyle
Elite	Elite Women 15+	FWE
	Elite Men 15+	FME
Amateur (Women)	Youth aged 7-14 Amateur Women	FWU15 FW.A
Amateur (Men)	Youth aged 7-14 Amateur Men	FMU15 FM.A
Note:	The national Rider Category	
	1 st letter: discipline	
	2 nd letter: gender	
	3-5 th letters and/or numbers:	
	Last letter or number: ability	
Ability Code:	Amateur	A
Note:	The ability code is added after the national category code e.g. Amateur Freestyle Women: FW.A	

2025 UCI Licence Codes Indoor Cycling Artistic and Cycle-Ball

UCI Category	National Category	Artistic	Cycle-Ball
Youth (Women)	Youth (C) U11	AWU11	
	Youth (B) U13	AWU13	
	Youth (A) U15	AWU15	
	Minimes U15		CBWU15
	Youth U17		CBWU17
Youth (Men)	Youth (C) U11	AMU11	
	Youth (B) U13	AMU13	
	Youth (C) U15	AMU15	
	Minimes U15		CBMU15
	Youth U17		CBMU17
Junior	Junior Women (17-18)	AWJ	CBWJ
	Junior Men (17-18)	AMJ	CBMJ
Elite	Elite Women (23+)	AWE	CBWE
	Elite Men (23+)	AME	CBME
Under 23	U23 Women (19-22)		CBWU23
	U23 Men (19-22)		CBMU23

2024 Code de Licence BMX Freestyle (Park & Flatland)

Catégorie UCI	Catégorie Nationale Category	Freestyle
Elite	Elite femme 15 et +	FWE
	Elite homme 15 et +	FME
Amateur (femme)	Jeunesse 7-14	FWU15
	Femme amateur	FW.A
Amateur (homme)	Jeunesse 7-14	FMU15
	Homme amateur	FM.A
Note:	La codification nationale se lit comme suit :	
	1ère lettre : la discipline	
	2e lettre: genre	
	3-5e lettres et/ou chiffres: Catégorie nationale	
	Dernière lettre ou chiffre: Niveau	
Niveaux d'habileté:	Amateur	.A
Note:	Le niveau est ajouté après la codification nationale	
	e.g. Amateur Freestyle Femme : FW.A	

Code de Licence 2024 Cyclisme en salle Artistique et Cycle-ball

Catégorie UCI	Catégorie Nationale	Artistique	Cycle-ball
Jeunesse (femme)	Jeunesse (C) U11	AWU11	
	Jeunesse (B) U13	AWU13	
	Jeunesse (A) U15	AWU15	
	Minimes U15		CBWU15
	Jeunesse U17		CBWU17
Jeunesse (homme)	Jeunesse (C) U11	AMU11	
	Jeunesse (B) U13	AMU13	
	Jeunesse (A) U15	AMU15	
	Minimes U15		CBMU15
	Jeunesse U17		CBMU17
Junior	Junior Women (17-18)	AWJ	CBWJ
	Junior Men (17-18)	AMJ	CBMJ
Elite	Elite Women (23+)	AWE	CBWE
	Elite Men (23+)	AME	CBME
Moins de 23 ans	U23 femme (19-22)		CBWU23
	U23 homme (19-22)		CBMU23

2025 Licencing Codes Paracycling

UCI Category	National Category	Para	
Blind & Visually Impaired (B & VI)	B & VI women	WB	
	B & VI men	MB	
Cycling (C)	C division 1 women	WC1	
	C division 2 women	WC2	
	C division 3 women	WC3	
	C division 4 women	WC4	
	C division 5 women	WC5	
	C division 1 men	MC1	
	C division 2 men	MC2	
	C division 3 men	MC3	
	C division 4 men	MC4	
C division 5 men	MC5		
Tricycling (T)	T division 1 women	WT1	
	T division 2 women	WT2	
	T division 1 men	MT1	
	T division 2 men	MT2	
Handcycling (H)	H division 1 women	WH1	
	H division 2 women	WH2	
	H division 3 women	WH3	
	H division 4 women	WH4	
	H division 5 women	WH5	
	H division 1 men	MH1	
	H division 2 men	MH2	
	H division 3 men	MH3	
	H division 4 men	MH4	
H division 5 men	MH5		
Note:	The national rider category code reads as follows:		
	1 st letter: discipline		
	2 nd letter: gender		
	3 rd letter: class (type of bicycle)		
	Number: division (based on the activity limitation)		
IPC Ability Codes	Athlete classification (reference group) is determined by a UCI designated athlete Classifier		

2024 Code de Licence Paracycling

Catégorie UCI	Catégorie Nationale Category	Para
Déficiência visuelle (B & VI)	B & VI femme	WB
	B & VI homme	MB
Cyclisme (C)	C division 1 femme	WC1
	C division 2 femme	WC2
	C division 3 femme	WC3
	C division 4 femme	WC4
	C division 5 femme	WC5
	C division 1 homme	MC1
	C division 2 homme	MC2
	C division 3 homme	MC3
	C division 4 homme	MC4
	C division 5 homme	MC5
Tricycle (T)	T division 1 femme	WT1
	T division 2 femme	WT2
	T division 1 homme	MT1
	T division 2 homme	MT2
Cyclisme à main (H)	H division 1 femme	WH1
	H division 2 femme	WH2
	H division 3 femme	WH3
	H division 4 femme	WH4
	H division 5 femme	WH5
	H division 1 homme	MH1
	H division 2 homme	MH2
	H division 3 homme	MH3
	H division 4 homme	MH4
	H division 5 homme	MH5
Note:	La codification nationale se lit comme suit :	
	1ère lettre: discipline	
	2e lettre: genre	
	3e lettre: classe (type de vélo utilisé)	
	Chiffre: division (selon degré de limitation)	
Classification /Division:	La classification (groupe de référence) d'un paracycliste est déterminée par un classificateur UCI	



COACH PLATE REQUIREMENTS AT DOWNHILL EVENTS

As of January 1, 2024, individuals attending Downhill Mountain Bike Races sanctioned by Cycling BC in the province of British Columbia who wish to access coaching privileges that support the education, development, and safety of event competitors, must hold a UCI Technical COACH license credentials as per the table below:

Cycling BC Members	Out of Province Coaches
<i>All Cycling BC members must abide by our SSCE policy, which requires coaches to hold a Background Check, Ethics Training, and First Aid, in addition to NCCP coach education</i>	<i>Liability Coverage from elsewhere</i>
Club-Assistant (Yellow) [CCT]	NCCP Community TRAINED [CCT]
Club-Certified (Green) [ICC]	NCCP Comp-Intro CERTIFIED [ICC]
Performance-Certified (Blue) [PCC]	NCCP Comp-Dev CERTIFIED [PCC]
	UCI Coach License from another country

Coach plates provide event participants the ability to

- participate in official practice sessions and
- stop on-track for educational purposes.
- In some cases, coach plates also provide lift-line primary-load access; however, such privileges are limited to 2 individuals per team.

Individuals who give their coach plate to another event participant will be fined and team disqualified.

Coach plates must be purchased online before the event. All coaches, especially out-of-province and international coaches, must show their valid Coach License during event check-in.

To view all Cycling BC members with the appropriate accreditation, visit cyclingbc.net/registry.

To begin your coach education journey, visit cyclingbc.net/edu.



BIKE CAMERA POLICY

UCI Rule 1.3.006

Onboard video recording devices (cameras) are permitted in road, cyclocross, and velodrome events provided they are "affixed in a manner that ensures it is not susceptible of inadvertently dismounting or is non-removable." However, video recording devices are not permitted in any cycling discipline when attached to the helmet or body (i.e., chest mount).

ALLOWED IF ATTACHED TO BIKE





HELMET CAMERA POLICY

UCI Rule 4.1.042

Cameras are not permitted during final for cross-country and during qualifying rounds and final for downhill/four cross/cross-country eliminator. The riders are responsible for securing the fixation of the cameras on the bike or on the visor/peak of the helmet in order to avoid any danger. The UCI can decide to allow a camera during final but only for the usage of the TV production company

ALLOWED (PRACTICE ONLY)



NOT ALLOWED

Cycling BC mandates that cameras must be mounted on the top of the flexible visor to limit the risk of damage to a rider's eyes and face in the event of an accident.



		Display Order on Event Reg				Required Minimum License Type		
2024 Category Names	2025 Category Names	Seed Run	Ability Category	Age Range	Age.Ability Category Code	A (BC Cup)	AA (Prov. Champs)	AAA (Canada Cup, Nat. Champs.)
UCI Pro/Elite Women	Elite (Pro) Women 19+	*	Elite	19-110	DWE	Provincial	Provincial	UCI
Sport/Expert Elite Women (19-34)	Sport/Expert Women 19+		Sport, Expert	19-110	DWE.S, DWE.E	Provincial	Provincial	Provincial
UCI Junior Women (17-18)	Sport/Expert Women U19	*	Sport, Expert	17-18	DWJ.S, DWJ.E	Provincial	Provincial	UCI
UCI U17 Women (15-16)	Sport/Expert Women U17	*	Sport, Expert	15-16	DWU17.S, DWU17.E	Provincial	Provincial	UCI
U15 Women (13-14)	Sport/Expert Women U15		Sport, Expert	13-14	DWU15.S, DWU15.E	Provincial	Provincial	Provincial
Master Women (35-44)	Master Women A (35-44)		Sport, Expert	35-44	DWM	Provincial	Provincial	Provincial
Master Women (45+)	Master Women B (45+)		Sport, Expert	45-110	DWM	Provincial	Provincial	Provincial
Open Women (15+)	Open Women 17+ (Beginner)			17-100	n/a	Cycling For All or SEL	Cycling For All or SEL	Cycling For All or SEL
	Open Women U17 (Beginner)			13-16	n/a	Cycling For All or SEL	Cycling For All or SEL	Cycling For All or SEL
2024 Category Names	2025 Category Names	Seed Run	Ability Category	Age Range	Age.Ability Category Code	A (BC Cup)	AA (Prov. Champs)	AAA (Canada Cup, Nat. Champs.)
UCI Pro/Elite Men	Elite (Pro) Men 19+	*	Elite	19-110	DME	Provincial	Provincial	UCI
Expert Elite Men (19-34)	Expert Men 19+		Expert	19-110	DME.E	Provincial	Provincial	Provincial
UCI Junior Expert Men (17-18)	Expert Men U19	*	Expert	17-18	DMJ.E	Provincial	Provincial	UCI
UCI U17 Expert Men (15-16)	Expert Men U17	*	Expert	15-16	DMU17.E	Provincial	Provincial	UCI
U15 Expert Men (13-14)	Expert Men U15		Expert	13-14	DMU15.E	Provincial	Provincial	Provincial
Sport Elite Men (19-34)	Sport Men 19+		Sport	19-110	DME.S	Provincial	Provincial	Provincial
Junior Sport Men (17-18)	Sport Men U19		Sport	17-18	DMJ.S	Provincial	Provincial	Provincial
U17 Sport Men (15-16)	Sport Men U17		Sport	15-16	DMU17.S	Provincial	Provincial	Provincial
U15 Men (13-14)	Sport Men U15		Sport	13-14	DMU15.S	Provincial	Provincial	Provincial
Master Men (35-44)	Master Men A (35-44)		Sport, Expert, Elite	35-44	DMMO.A	Provincial	Provincial	Provincial
Master Men (45-54)	Master Men B (45-54)		Sport, Expert	45-54	DMMO.B	Provincial	Provincial	Provincial
Master Men (55+)	Master Men C (55+)		Sport, Expert	55-110	DMMO.C	Provincial	Provincial	Provincial
	Open Men 19+ (Beginner)			19-110	n/a	Cycling For All or SEL	Cycling For All or SEL	Cycling For All or SEL

Blue Highlighting Indicates a NEW or REVISED category

2025 Category Names	Category Descriptions [For Event Organizers setting up registration]
Elite (Pro) Women 19+	For athletes born in 2006 or earlier. This Canada Cup championship category requires a UCI Race license (Elite ability category: DWE) and includes a seeding run.
Sport/Expert Women 19+	For athletes born in 2006 or earlier. This BC Cup (non-championship) category requires a Provincial Race or UCI Race license (Sport-ability DWE.S or Expert-ability DWE.E), and race officials set start lists.
Sport/Expert Women U19	For athletes born in 2007 and 2008. This Canada Cup championship category requires a UCI Race license (Sport-ability DWJ.S or Expert-ability DWJ.E) and includes a seeding run.
Sport/Expert Women U17	For athletes born in 2009 and 2010. This Canada Cup championship category requires a UCI Race license (Sport-ability DWU17.S or Expert-ability DWU17.E) and includes a seeding run.
Sport/Expert Women U15	For athletes born in 2011 and 2012. This BC Cup (non-championship) category requires a Provincial Race or UCI Race license (Sport-ability DWU15.S or Expert-ability DWU15.E), and race officials set start lists.
Master Women A (35-44)	For athletes born in 1990-1981. This BC Cup category requires a Provincial Race or UCI Race license (any ability category: DWM), and race officials set start lists.
Master Women B (45+)	For athletes born in 1980 or earlier. This BC Cup category requires a Provincial Race or UCI Race license (any ability category: DWM), and race officials set start lists.
Open Women 17+ (Beginner)	For athletes born in 2008 or earlier. This open category is designed for beginner downhill athletes with a Cycling For All license or a Single-Event License (Max. 3x per calendar year). Race officials set start lists.
Open Women U17 (Beginner)	For athletes born between 2009 and 2012. This open category is designed for beginner downhill athletes with a Cycling For All license or a Single-Event License (Max. 3x per calendar year). Race officials set start
Elite (Pro) Men 19+	For athletes born in 2006 or earlier. This Canada Cup championship category requires a UCI Race license (Elite ability category: DME) and includes a seeding run.
Expert Men 19+	For athletes born in 2006 or earlier. This BC Cup category requires a Provincial Race or UCI Race license (Expert-ability DME.E), and race officials set start lists.
Expert Men U19	For athletes born in 2007 and 2008. This Canada Cup championship category requires a UCI Race license (Expert-ability DMJ.E) and includes a seeding run.
Expert Men U17	For athletes born in 2009 and 2010. This Canada Cup championship category requires a UCI Race license (Expert-ability DMU17.E) and includes a seeding run.
Expert Men U15	For athletes born in 2011 and 2012. This BC Cup category requires a Provincial Race or UCI Race license (Expert-ability DMU15.E), and race officials set start lists.
Sport Men 19+	For athletes born in 2006 or earlier. This BC Cup category requires a Provincial Race or UCI Race license (Sport-ability DME.S), and race officials set start lists.
Sport Men U19	For athletes born in 2007 and 2008. This BC Cup category requires a Provincial Race or UCI Race license (Sport-ability DMJ.S), and race officials set start lists.
Sport Men U17	For athletes born in 2009 and 2010. This BC Cup category requires a Provincial Race or UCI Race license (Sport-ability DMU17.S), and race officials set start lists.
Sport Men U15	For athletes born in 2011 and 2012. This BC Cup category requires a Provincial Race or UCI Race license (Sport-ability DMU15.S), and race officials set start lists.
Master Men A (35-44)	For athletes born in 1990-1981. This BC Cup category requires a Provincial Race or UCI Race license (any ability category: DMMOA), and race officials set start lists.
Master Men B (45-54)	For athletes born in 1980-1971. This BC Cup category requires a Provincial Race or UCI Race license (any ability category: DMMOB), and race officials set start lists.
Master Men C (55+)	For athletes born in 1970 or earlier. This BC Cup category requires a Provincial Race or UCI Race license (any ability category: DMMOC), and race officials set start lists.
Open Men 19+ (Beginner)	For athletes born in 2006 or earlier. This open category is designed for beginner downhill athletes with a Cycling For All license or a Single-Event License (Max. 3x per calendar year). Race officials set start lists.
Accredited Coach	Select this option to apply for a Coach Plate, providing you with access to the venue. Learn more at cyclingbc.net/coachplate . Only select this option if you have already earned CCT status.
Pre-Runner	Exclusive to adults (+19 years old) representing the host-facility event staff to test the track immediately before the competition. A Cycling BC membership or Single-Event License is required.

UCI Rules (All Disciplines)



UCI Rules (Cyclocross)





Cyclocross Rules 2024

One of Cycling BC’s primary roles is to support safe and fun experiences in cycling through the enforcement of UCI rules.

UCI Rules are upheld at AA-sanctioned event (ie: Provincial Championship) and beyond. Our other sanctioning levels are designed to welcome athletes into the sport and create positive learning experiences. This document summarizes the most relevant to our membership and how they will be enforced. Read the official UCI rules in their entirety using the links at the end of the document.

- **G** = Guideline
- **E** = Enforced
- N) = National Rule by Cycling Canada Companion Guide
- P) = Provincial Note by Cycling BC

Rule	MP	GR	A	AA	AAA
<p>1.3.018: Tyre Width Wheels of the bicycle may vary in diameter between 700 mm maximum and 550 mm minimum, including the tyre. For the cyclo-cross the width of the tyre (measured between the widest parts) shall not exceed 33 mm and it may not incorporate any form of spikes or studs.</p> <p><i>We will be checking tire widths throughout the season at A-sanction events and enforced at AA-sanctioned events (Provincial Championships). However, in the spirit of fairness, we recommend all athletes in Open/Elite categories to ensure their tyres are compliant regardless of the event sanctioning level.</i></p>	G	G	G	E	E
<p>5.1.051: 80% Rule Lapped riders must complete the lap during which they were lapped and leave the event via an exit located before the finishing straight or in the “80%” zone as described in article 5.1.052, if that rule applies. They will be listed in the results in the order in which they are pulled out of the race plus number of laps which have not been completed.</p>	All riders are allowed to finish their race.			E	E
<p>1.3.006: Video Cameras on Bike and Body Onboard video recording devices (cameras) are permitted in road, cyclocross, and velodrome events provided they are "affixed [to the bike] in a manner that ensures it is not susceptible of inadvertently dismounting or is non-removable." However, video recording devices are not permitted in any cycling discipline when attached to the helmet or body (i.e., chest mount). Rule 4.1.042 regarding helmet cameras pertains ONLY to select mtn bike events.</p>	E	E	E	E	E

Read our full set of Cyclocross rules on our website.



Cyclocross Rules 2024

One of Cycling BC's primary roles is to support safe and fun experiences in cycling through the enforcement of UCI rules.

UCI Rules are upheld at AA-sanctioned event (ie: Provincial Championship) and beyond. Our other sanctioning levels are designed to welcome athletes into the sport and create positive learning experiences. This document summarizes the most relevant to our membership and how they will be enforced. Read the official UCI rules in their entirety using the links at the end of the document.

- **G** = Guideline
- **E** = Enforced
- N) = National Rule by Cycling Canada Companion Guide
- P) = Provincial Note by Cycling BC

Rule	MP	GR	A	AA	AAA
5.1.017: Course length The course must form a closed circuit of a minimum length of 2.5 km and maximum 3.5 km, of which at least 90% shall be rideable.	G	G	E	E	E
5.1.018: Course width The course must be at least 3 meters wide throughout and clearly marked and protected on both sides.	G	G	G	E	E
5.6.004.3: Number Body number, shoulder number, bicycle number or frame number modified or not positioned in accordance with the regulations.	E	E	E	E	E
5.6.004.20: Garbage Rider or team staff disposing of waste or other objects outside of equipment pit zone or outside any other organised waste zone or waste not returned to team or organisation staff or not collected by team staff. Disposing of waste or other objects in a careless or dangerous manner (e.g. bottle or other object remaining or bouncing back on the track, thrown directly or with excessive force at spectator, causing dangerous manoeuvre by other rider, causing spectator to move onto the track).	E	E	E	E	E
1.3.018: Tyre Width Wheels of the bicycle may vary in diameter between 700 mm maximum and 550 mm minimum, including the tyre. For the cyclo-cross the width of the tyre (measured between the widest parts) shall not exceed 33 mm and it may not incorporate any form of spikes or studs.	G	G	G	E	E
<i>We will be checking tire widths throughout the season at A-sanction events and enforced at AA-sanctioned events (Provincial</i>					

<i>Championships). However, in the spirit of fairness, we recommend all athletes in Open/Elite categories to ensure their tyres are compliant regardless of the event sanctioning level.</i>					
5.1.001 N) The use of a mountain bike will be allowed in some cyclo-cross competitions, and in some cases, for specified categories only.	Mtn. Bike Allowed			E	E
5.1.039: Pit Zone Equipment changes must be carried out within the confines of the pit lane and at the same point. A rider who has passed the end of the pit area must continue to the following pit area for any bicycle or wheel change. A rider who is still in the racing lane may enter the pit lane as long as he retraces his route in the racing lane and enters the other lane at its start without obstructing other competitors.	G	G	E	E	E
5.1.062: Feeding The act of handing out food or drinks is not allowed during cyclo-cross races. Nevertheless, a rider may keep and use food or drinks which they carry on their bikes or in their outfits	G	G	E	E	E
5.1.062.1 P) Feeding is permitted in the pit zone for all ages if the temperature is high, judged and announced by the PCP Commissaire at race start.	E	E	E	E	E
5.1.062.2 P) In the spirit of fairness and health, feeding is permitted in the pit zone for U13/U15/U17 categories regardless of the temperature during non-AAA sanctioned cyclocross races. Racers must stop and put a foot-down to take necessary refreshment that helps them complete their race distance.	All event types except AAA				
5.1.018: U-Turns U-turns on the course shall be installed and protected such as riders may not hold on to the pole or on the barrier in the centre of the U-turns.	G	G	E	E	E
5.1.051: 80% Rule Lapped riders must complete the lap during which they were lapped and leave the event via an exit located before the finishing straight or in the "80%" zone as described in article 5.1.052, if that rule applies. They will be listed in the results in the order in which they are pulled out of the race plus number of laps which have not been completed.	All riders are allowed to finish their race.			E	E
1.3.080 N): Did Not Finish It is mandatory for a rider to inform a commissaire that he has dropped out of the race. Fines or penalties may apply.	G	G	E	E	E
1.3.006: Video Cameras on Bike and Body Onboard video recording devices (cameras) are permitted in road, cyclocross, and velodrome events provided they are "affixed in a manner that ensures it is not susceptible of inadvertently dismounting or is non-removable." However, video recording	E	E	E	E	E

devices are not permitted in any cycling discipline when attached to the helmet or body (i.e., chest mount).

4.1.042: Helmet Cameras in Mtn Bike

Cameras are not permitted during final for cross-country and during qualifying rounds and final for downhill/four cross/cross-country eliminator. The riders are responsible for securing the fixation of the cameras on the bike or on the visor/peak of the helmet in order to avoid any danger. The UCI can decide to allow a camera during final but only for the usage of the TV production company

4.1.042 P)

Cameras cannot be mounted on the underside of the beak. In British Columbia, landowners facilitating events (resorts) reserve the right to further limit the use of cameras.

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Provincial Championships

1.2.028 N)

This competition is open to Canadian citizens, permanent residents and landed immigrants as well as individuals with refugee status in all categories including UCI categories. Proof of citizenship status may be required (passport, permanent resident card, landed immigrant status or refugee status papers).

- Only Canadian citizens eligible to race who have Canadian as their UCI nationality will have access to the Canadian Champion title, podium, medal, and UCI points
- Prize money (where applicable) will be based on order of finish at the National Championships, regardless of citizenship or nationality.
- Should a non-citizen (permanent resident, landed immigrant or individual with refugee status) place amongst the top three overall finishers in the race category, a podium presentation will take place based on order of finish of the race and a second podium presentation based on the National Championships results of eligible Canadian citizens will follow.
- The Provincial Championships are the responsibility of the organizing province. Provinces must organize their championships according to the distances and regulations adopted for the National Championships.

1.2.028 P)

- Proof of BC-residence and a Cycling BC membership is required to earn a Provincial Championship Jersey
- Should a non-Cycling BC member place amongst the top three overall finishers in a Provincial Championship race category, a podium presentation will take place based on order of finish of the race and a second podium presentation based on the Provincial Championships results of eligible Cycling BC member will follow.

2024 COMPANION GUIDE



ALL RIDE. MANY RACE. WE WIN!

THE NATIONAL / ELITE NATIONAL / INTERNATIONAL COMMISSAIRE AN EXPERT SERVING CYCLING

A National / Elite National / UCI International Commissaire ensures that international cycling races are held in the best possible conditions. They fulfill the role of CC / UCI ambassador for races being held under its auspices.

A Commissaire ensures the smooth running of cycling races in ethical and sporting terms by ensuring that National / UCI rules are uniformly applied before, during and after the race.

Since some of the aspects of their function go beyond the framework of the rules, National / Elite National / International Commissaires must be able to command respect in any situation. They must also be capable of playing the role of mediator between all those involved in cycling.

Commissaires are at the centre of the sporting action during cycling competitions across all disciplines; commissaires provide an essential service to the cycling community.



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PRELIMINARY PROVISIONS

The UCI Regulations will be considered as the reference for all regulations governing the specified disciplines of bicycle racing.

The present UCI Regulations and Cycling Canada (CC hereafter) Companion Guide shall be applicable to all types of specified cycling races.

Where necessary the UCI Regulations have been revised to accommodate various National Regulations pertinent to Canada. These amendments appear in this CC Companion Guide. The National Regulations are preceded by the letter (N) in italics.

It should be noted that the UCI Regulations are dynamic reference documents and a particular section may be updated at any time during the year. We therefore recommend that people refer to relevant sections on a regular basis through the UCI website. All preceding regulations will be considered invalid as of the date of the updated regulation.

Nevertheless, National Federations may, in their National Regulations applicable to races on their own National Calendar, rule on any provisions herein marked by the letter (N). Where no such National Regulations exist, organizers of races registered on the National Calendar shall strive to respect the provisions in question to the greatest extent possible and in accordance with the circumstances.

A specific provision of the UCI Regulations and the CC Companion Guide shall constitute an exception to any general provision with which it would be incompatible.

Participation in a cycling race, in whatever capacity, shall imply acceptance of all provisions of UCI Regulations and the National amendments contained in the CC Companion Guide.

The UCI / CC cannot be held responsible for any infringements of the law committed in connection with cycling, even if the Regulations be invoked to justify such infringements.

The CC Officials Committee may be consulted where there are difficulties in applying the UCI Regulations or National amendments.

In the event of a discrepancy between the English version and the French version of the CC Companion Guide, the English version shall prevail except in the province of Quebec where the French version shall prevail.

To facilitate reading, the UCI Regulations and the CC Companion Guide shall include the use of the masculine for the feminine and singular for plural.



ACKNOWLEDGEMENTS:

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Steve Head – UCI Road, ENC Track, National MTB & Cyclo-cross Commissaire

Vallérie Trottier – ENC Track & National Road Commissaire



PART I: GENERAL ORGANIZATION OF CYCLING AS A SPORT

1.0.000 N) For national and provincial races, for purposes of regulations and conversion rates, concerning fines in the regulations, one Swiss Franc shall equal one Canadian Dollar.

CHAPTER 1 LICENSE HOLDERS

§1 LICENSES

Categories of License Holders

1.1.010 N) Individuals representing riders as a Manager, and requesting this designation on their license, ~~may~~ **should** have followed and passed an introductory Level Commissaire's course within Canada.

1.1.020 N) A foreign rider visiting Canada who would like to race must submit his license and a letter of permission from his National Federation upon registering for the competition. (A Rider from the United States does not require a letter of permission.)

A foreign rider residing in Canada for more than 2 months is authorized to wear the colours of the club or trade team that he chooses and, in so doing, is authorized to participate in all competitions of this club or trade team. The Provincial Federation issues this authorization.

In Canada, licenses are issued by the province where the rider has his principal residence.

Form of License

1.1.024 N) An electronic license is acceptable within Canada.

§2 CATEGORIES OF RIDERS

1.1.034bis N) This regulation shall apply equally to competitions on the National Calendar.

1.1.036 N) Category Youth Men Age: Under 13, Under 15 years, Under 17 years according to the year of birth. In Canada, Masters Men categories will be starting at 35 years of age.

1.1.037 N) Category Youth Women Age: Under 13, Under 15 years, Under 17 years according to the year of birth. In Canada, Masters Women categories will be starting at 35 years of age.



N) Table of road categories:

Categories	Age as of 31 December of the year of the competition
U13	10-12
U15	13-14
U17	15-16

It is possible for a rider to race in a category other than his own. The rider must have a letter of permission from his Provincial Association and show it at registration. All upgrading must be approved by the Provincial Association for provincial races and approved by Cycling Canada for national sanctioned competitions.

*In Quebec it is not possible for a rider from another province to race in a different age category unless he has a letter from CC or the upgrade has been approved by Quebec Federation because of rules in the Régie de la Sécurité des Sports.

N) Note article **1.1.035** and **1.1.037** for BMX and Para-cycling.

§4 COMMISSAIRES

1.1.064 N) A commissaire can continue to be active as a Provincial or National Commissaire over 70 years old at the discretion of the PSO or Cycling Canada's Official Committee (CCOC hereafter) respectively.

1.1.065 N) As well, a commissaire shall be subject to CC discipline when designated by the CC, according to CC's Code of Conduct and CC's Complaints & Discipline Policy.

Mission

1.1.074 N) Other than as provided in these regulations, all commissaires who are at least National Commissaires in the respective discipline, shall wear the current national official uniform to recognized national or international competitions. The commissaires may wear special uniforms provided by organizers of the competition provided this has been approved in advance by the CCOC through the national office. This amendment does not apply to UCI International Commissaires who have been appointed to international competitions.

1.1.074bis N) In addition, the UCI logo and CC officials logos may not appear on any provincial commissaire uniform.

1.1.087 N) The CCOC may appoint a Technical Delegate to any cycling competition on the National Calendar. The role of the Technical Delegate is defined in the respective Parts of the Regulations for each discipline.



CHAPTER 2 RACES

SECTION 1 ADMINISTRATIVE PROVISIONS

§1 CALENDAR

1.2.006 N) The same regulations apply for races run over the territory of several provinces.

1.2.012 N) Each race taking place in Canada must adhere to one of the following definitions:

Local/Regional/Provincial race:

- Approved by the province where the competition takes place

National race:

- Approved by CC's Events Committee
- Open to provincial teams, national teams and a maximum of four foreign national teams as well as:
 - Canadian trade teams / clubs
 - Affiliated UCI licensed riders
 - Invitations to foreign federations must go through the CC office.

North American race:

- Approved by CC and other National Federation if required
- Approved by the province where the competition takes place
- open to all North American UCI license holders
- Foreign riders residing in Canada for a prolonged length of time must obtain the permission of the CC.

§7 CANADIAN CHAMPIONSHIPS

1.2.028 N) This competition is open to Canadian citizens, permanent residents and landed immigrants as well as individuals with refugee status in all categories including UCI categories. Proof of citizenship status may be required (passport, permanent resident card, landed immigrant status or refugee status papers).

- ~~Only Canadian citizens will have access to the national title, National Championships podium positions, UCI points and National Championships medals.~~
- Only Canadian citizens eligible to race who have Canadian as their UCI nationality will have access to the Canadian Champion title, podium, medal, and UCI points.
- Prize money (where applicable) will be based on order of finish at the National Championships, regardless of citizenship or nationality.
- Should a non-citizen (permanent resident, landed immigrant or individual with refugee



status) place amongst the top three overall finishers in the race category, a podium presentation will take place based on order of finish of the race and a second podium presentation based on the National Championships results of eligible Canadian citizens will follow.

- Proof of residence may be required (this includes driver's license, permanent resident card).
- All athletes must be in possession of a valid UCI/CC international license.
- All participants must be prepared to present their license upon demand at the competition.
- All participants must be licensed to compete in the appropriate discipline.
- Domestic licenses from other countries or within Canada are not permitted.
- No one day event licenses will be sold.
- Licenses must be presented during license control.
- There will be no registration on race day.
- All competitors **MUST** enter their event class as shown on their license and in accordance with UCI regulations.
- Athletes are not considered registered for an event until all administrative requirements have been fulfilled;
 - Completed the application form
 - Signed the waiver
 - Payment has been transacted
 - Rider's license has been validated by the designated commissaire.

Provincial Championships

The Provincial Championships are the responsibility of the organizing province. Provinces must organize their championships according to the distances and regulations adopted for the National Championships.

SECTION 2 ORGANIZATION OF RACES

§4 PROGRAM-TECHNICAL GUIDE

1.2.044 N) For competitions not on the International Calendar, \$100.00 to \$1000.00.

§5 INVITATION - ENROLMENT

1.2.049 N) The organizer must prepare a registration form to be completed by the team, the club, or the riders who wish to participate in his event. The organizer sets the rules for registration and the registration fee. These may be subject to further restrictions by CC or PSO, depending on the level of sanction.



General Provisions

1.2.051 N) The CC Events Committee oversees this function in Canada.

1.2.052 N) Riders licensed by USA Cycling holding an international license do not require written authorization.

§9 PRIZES

1.2.069 N) Or posted at the registration site if a technical guide does not exist.

1.2.070 N) For competitions on the National and Provincial Calendars these shall be set by CC or PSO respectively.

1.2.072 N) For national level competitions, the prizes should be given to the winners on the day of the race, but no later than 90 days as per UCI Regulation.

The CC Events Committee has the right to veto the type of prizes offered in the cycling race and may suspend or retire the race if the organizer refuses to exclude the prizes which have not received the Committee's agreement.

§10 TRAVEL AND SUBSISTENCE EXPENSES

1.2.076 N) For national competitions, any agreed allowance shall be paid at the latest at the end of the competition.

SECTION 3 RACE PROCEDURES

§4 TEAM MANAGERS' MEETING

1.2.087 N) At national competitions, in all disciplines, this meeting is mandatory when scheduled in the event technical guide or event schedule. If a Technical Delegate has been appointed, then this meeting must take place in the presence of the Technical Delegate.

§7 FINISH

Finish Line

1.2.101 N) For competitions not on the International Calendar, a banner may also be used for any finish or for the passing of any intermediate point for a classification as well as at the top of mountain passes during road races.

1.2.102 N) At national Road, ~~Triek~~ and BMX level competitions, a photo-finish is obligatory, an electronic timing strip is not mandatory.



Time Keeping

1.2.104 N) In Canada, the license of the timekeeper does not exist. The commissaire license is designed to also fill this function.

SECTION 4 SUPERVISION OF RACES

§2 COMMISSAIRES PANEL

N) Commissaires will be assigned according to the CC Commissaire Assignment policies. The CC Officials Committee appoints all members of the Commissaires Panel for nationally sanctioned competitions and international races unless appointed by the UCI. Where applicable, the Officials Committee may, at its discretion, delegate the appointment of some of the members of the Commissaires Panel to the relevant and competent Provincial body.

N) A bilingual commissaire must be present at National Championships. All instructions to riders before and during a race, as well as at the Team Managers' meeting, must be given in both official languages if requested.

1.2.116 N) For national level competitions, the number and status of commissaires to be appointed shall be determined by the CCOC.

Expenses

1.2.125 N) The amounts and modes of payment for commissaires assigned by the CCOC can be found in honorarium and expenses policy.

CHAPTER 3 EQUIPMENT

For all National, Provincial and Local Road and Track events, the following maximum rollout distances shall apply:

Road and Track Cycling Events:

YOUTH CATEGORY GEAR RESTRICTIONS			
CATEGORY	ROAD RACING	TRACK RACING	GEARING SUGGESTION
U17	No Gear Limit	7.12 M rollout	50*15
U15	6.71 M rollout	6.71 M rollout	50*16 / 38*12
U13	6.2 M rollout	6.2 M rollout	46*16 / 38*13

If a rider has received a dispensation to compete against riders of an older category, then the rider shall be permitted to utilize the gearing applicable to that older category.

TRACK CYCLING - EQUIPMENT

- Disc wheels will not be allowed for youth categories (U17/U15/U13) (maximum rim depth 40mm)



- Carbon wheels will not be allowed for youth categories (U17/U15/13)

ROAD CYCLING - EQUIPMENT

- For the Canadian Road Championships, in the U17 categories the same bike frame must be used in the road and TT events.
- Disc wheels will not be allowed for the U17 category.

SECTION 3 RIDERS APPAREL

§1 GENERAL PROVISIONS

1.3.030 N) For competitions not on the UCI calendar, rain capes' design should be transparent or be similar to the jersey by use of one of the principal team colours. The team's name may be displayed on it.

§3 REGIONAL AND CLUB TEAMS

1.3.047 N) In stage races on the national calendar, where there are classifications per team, composite teams are permitted, but the riders must have in hand release forms from their clubs for the race in question. All of the riders must wear identical jerseys for the duration of the race.

SECTION 4 IDENTIFICATION OF RIDERS

1.3.080 N) It is mandatory for a rider to inform a commissaire that he has dropped out of the race. Fines or penalties may apply.

PART II: ROAD RACES

CHAPTER 2 GENERAL PROVISIONS

§1 PARTICIPATION

2.2.002 N) The maximum number of riders starting a road race on the national or a provincial calendar is set at 176 riders. There is no minimum.

2.2.003 N) In national and provincial level races where there is no team classification, individual riders may be permitted to enter an event depending on the rules of the event.

§2 ORGANISATION

2.2.015 N) If an organiser wishes to use unpaved roads in a national or provincial event, CC or the relevant PSO, respectively, must be informed and the requirements of this regulations shall apply equally, with either CC or the relevant PSO have the authority to refuse to register the event on the calendar and/or refuse the inclusion of an unpaved section.

2.2.022bis N) A measuring jig, compliant with UCI specification, must be provided by the organiser for all competitions on the National Calendar that include a time trial. The President of the Commissaires' Panel will verify its compliance with the UCI specifications.

§3 RACE PROCEDURES

2.2.024 N) This regulation applies to all categories on the National and Provincial Calendar.

2.2.028bis N) For competitions on the national calendar, the race director or his representative able to take decisions may take a position next to the president of the commissaires' panel in the car driving immediately behind the peloton.

2.2.029 N) For national races where a Technical Delegate has been appointed, this same provision shall apply.

2.2.032 N) Team vehicles are subject to the approval of the President of the Commissaire Panel. To be able to follow the race, the size and shape of the vehicle must be safe and must not create any danger for the race. Vans, and generally all vehicles whose bodies exceed the following dimensions: width 1.80 m.; length 5 m.; height 1.66 m (not including roof bars), are not allowed to follow the race.

2.2.035 N) In all races, all persons in a race convoy who are vehicle drivers have to be license holders. In all races, all persons in a race convoy who are vehicle drivers must have previously

obtained a certificate attesting their completion of the Caravan Driver Training with CC or with the UCI.

§7 TECHNICAL DELEGATE

2.2.090 N) The Technical Delegate evaluates the conformity of the organisation of national competitions, where applicable, with the regulations and the terms of reference for organisers. The Technical Delegate may attend competitions in order to carry out this task. In this case, the organiser shall provide the Technical Delegate with a pass allowing free access to the competition as well as an accreditation plate for the Technical Delegate's vehicle granting entry to reserved parking at the race start and finish as well as permission to drive on the event route.

2.2.091 N) For national competitions, where applicable, the Technical Delegate draws up a detailed evaluation report of the event, taking into account the terms of reference for organisers. The organiser receives a copy of this report.

2.2.092 N) For national competitions, where applicable, the Technical Delegate may also conduct a prior inspection of the event route, paying particular attention to safety issues, the danger points indicated by the organiser and arrangements relating to the terms of reference for organisers. If such an inspection is to be conducted, the Technical Delegate contacts the organiser and draws up a report for the attention of the CC administration which then takes appropriate decisions as necessary.

CHAPTER 3 ONE-DAY ROAD RACES

Method

2.3.001 N) In Canada by teams and individuals.

Following Vehicles

2.3.016 N) For national competitions, composite teams may supply their own vehicles or use the neutral service.

Official Award Ceremony

2.3.046 N) Riders must take part in the official award ceremony based on the various classifications established by the organizer. For competitions on the National Calendar, the official ceremony will take place in the following order:

- The three first riders of the race;
- The other winners of the various other optional classifications;
- Any others as determined by the organiser.



CHAPTER 4 INDIVIDUAL TIME-TRIAL RACES

Starting Order

2.4.009 N) In Canadian Championships, the starting order is determined by the CC or by the Commissaires Panel. The top 5 winners of the National Championships of the preceding year start last in the reverse order of their classification.

CHAPTER 6 STAGE RACES

Method

2.6.001 N) Can also include Criterium.

Drop Out

2.6.026 N) A rider dropping out of a race may not compete in another race for the duration of the competition that he abandoned. For races below the international level, the rider faces a suspension of 15 days and a fine of C\$100.00 to C\$200.00.

CHAPTER 7 CRITERIUM

Distances

2.7.016 N) From 800 to 3000 metres.

2.7.017 N) For security reasons, riders who are lapped are asked to leave the race. In order to calculate their time for stage races, the President of the Commissaire Panel will decide, prior to the race, how this is to be done. He will explain the method which is to be used to calculate this time during the Team Managers' meeting before the race.

Method with Intermediate Sprints

2.7.021 N) In the case where the College of Commissaires decides to adopt another regulation concerning passing, it must be announced before the start to all of the riders and in both official languages if requested.

2.7.022 N) The rider must return to the race behind the same group he was a part of. No free lap in the last 5 km or 5 laps, unless otherwise communicated in the event Technical Guide at the discretion of the President of the Commissaire Panel and Technical Delegate.

CHAPTER 12 RACE INCIDENTS AND SPECIFIC INFRINGEMENTS BY ORGANISERS

General provisions

2.12.001 N) For national level competitions, sanctions given by the commissaires shall be noted in the communique of the commissaires' panel and will be sent to CC. For provincial level



competitions, these will be sent to the relevant PSO.

2.12.003 N) For national level competitions, warnings shall be noted in the communique of the commissaires' panel and will be sent to CC. For provincial level competitions, these will be sent to the relevant PSO.

2.12.006 N) For races on the national and provincial calendars, the fines will be those stipulated in column 3. There is no deduction in UCI ranking points.

2.12.008 N) For nationally sanctioned competitions, the infringements are sanctioned by CC.



PART III: TRACK RACES

CHAPTER I ORGANIZATION

Race Programme

3.1.001 N) The program and format for events for the National Championships shall be established in collaboration with the CC Events Committee and in accordance with the UCI Regulations.

CHAPTER 2 TRACK RACES

§1 GENERAL OBSERVATIONS

Riders' Numbers

~~**3.2.009 N)** Riders shall bear two number panels, save in the following specialties where they may wear just one: the KM Time Trial, the 500m Time Trial, the Individual Pursuit, the Team Pursuit and the Team Sprint.~~

§3 SPRINT

3.2.031 N) Alternative formats may be permissible if approved by the President of the Commissaire Panel.

§4 INDIVIDUAL PURSUIT

3.2.065 N) Not required for races on the national and provincial calendars.

3.2.067 N) Not required for races on the national and provincial calendars.

3.2.069 N) If there is no starting block, the rider will be held by a designated commissaire. If there is only one starting block in events with riders on both straights, all riders must be held in the same manner for all starts during each phase of the competition.

§5 TEAM PURSUIT

3.2.092 N) If there is no starting block, riders will be held by a designated commissaire.

§6 KILOMETRE AND 500 METRE TIME TRIAL

3.2.102 N) Also applicable to Canadian National Championships.



3.2.110 N) If there is no starting block, the rider will be held by a designated commissaire.

§8 KEIRIN

3.2.135 N) Alternative formats may be permissible if approved by the President of the Commissaire Panel.

§9 TEAM SPRINT

3.2.151 N) Or held by a designated commissaire.

CHAPTER 5 WORLD RECORDS

N) and Canadian records.

To establish a National Track record the following conditions should be followed:

- The track has been homologated;
- Minimum of one (1) National Commissaire should be assigned at the competition
- A reputable timing company to provide electronic timing;
- Canadian Records are available in every recognized Canadian Championships categories;
- The Electronic timing slip shall be signed by the National Commissaire with the National Track Record Form and must be sent to Cycling Canada to officialize the performance;
- Be held in a start block for standing start events;
- All times must be achieved in UCI or CC sanctioned competitions.
- **Only Canadian citizens eligible to race who have Canadian as their UCI nationality will be able to establish a Canadian National Track record.**

General Comments

3.5.003 N) Only CC may recognize and confirm a Canadian record.

Recommended Event and distance for each category at provincial and national competitions*:

RECOMMENDED TRACK EVENTS AND DISTANCES FOR YOUTH RACING				
CATEGORY EVENT	U17 M	U17 W	U15 M	U15 W
500 m/kilo TT	Y 500M	Y 500M	Y 500M	Y 500M
Keirin	N	N	N	N



Sprint	Y	Y	N	N
Team Sprint	Y	Y	N	N
Individual Pursuit	Y 2KM	Y 2KM	Y 2KM	Y 2KM
Madison	Y TBD	Y TBD	N	N
Team Pursuit	Y 3km (team of 4)	Y 3km (team of 4)	N	N
Omnium	Optional	Optional	N	N
Points Race	Y 15KM	Y 12.5KM	Y 7.5KM	Y 7.5KM
Scratch Race	Y 7.5KM	Y 5KM	Y 5KM	Y 5KM

Y = Yes (event recommended for this category) N= No (event not recommended for this category)
Optional (not a priority for this category)

*NOTE: The UCI has announced [regulation amendments for track races effective as of 01.01.2025](#).
Cycling Canada will enforce these regulations for sanctioned events as of 01.01.2025.*

§6 VELODROMES TRACK GEOMETRY

Length

3.6.068 N) For National Championships, a 200-meter track may be used.

PART IV: MOUNTAIN BIKE RACES

CHAPTER 1 GENERAL RULES

4.1.001 N) Multi-hours events Individual and Team.

§ 2 AGE CATEGORIES AND PARTICIPATION

4.1.002 N) Age categories recognized for men and women are:

10-12 yrs: U13/Under 13

13-14 yrs: U15/ Under 15

15-16 yrs: U17/Under 17

17-18 yrs: U19/Junior

19-22 yrs: U23/Espoirs

19+yrs: Senior/Elite

Age categories recognized for masters are:

35-44 yrs: Master A Women

35-44 yrs: Master A Men

45-54 yrs: Master B Women

45-54 yrs: Master B Men

55-64 yrs: Master C Women

55-64 yrs: Master C Men

65+ yrs: Master D Women

65+ yrs: Master D Men

N) A rider may be recognized in four different subcategories within the same sport, one for cross-country, one for downhill, one for 4X, and one for enduro. The license must reflect all subcategories.

Masters

4.1.009 N) For provincial competitions, the masters license holder riders will need the Provincial Association's approval to race in the elite category. The approval must be validated by the CC for national competitions. For events registered on the UCI calendar, masters riders are not permitted to enter an Elite event.

§ 4. TECHNICAL DELEGATE

4.1.012 N) Where applicable, the Technical Delegate for national competitions will be appointed by the CC and will arrive prior to registration and remain for the duration of the competition.



N) The Technical Delegate must be on site prior to the first official training session and carry out an inspection of the venue and courses in conjunction with the President of the Commissaire Panel and the organizer. He shall coordinate the technical preparations for the competition and shall ensure that the recommendations made in the inspection report are implemented. The definitive version of the course and any changes shall be the responsibility of the Technical Delegate. The Technical Delegate shall attend the Team Managers' meetings.

§ 6 EVENT PROCEDURE

Conduct of riders

4.1.035 N) The competitor is responsible for following the official course and completing the proper number of laps and bears the sole responsibility of any error on course.

4.1.039 N) No screws or other homemade method of studded/spiked tire will be permitted. Studded tires are permitted for use on fatbikes in cross country style competitions under the following conditions:

- Stud may have a maximum of 3mm prominence from the tire tread;
- Must be in the form of a pre-studded factory fatbike tire, or incorporate aftermarket studs designed specifically for bicycle use.

CHAPTER 2 CROSS COUNTRY EVENTS

§ 1 RACE CHARACTERISTICS

4.2.001 N) XCO race duration for C1, C2 and C3 events including Canada Cup competitions.

	HORS CLASS, CLASS 1 EVENTS		CLASS 2 EVENTS		CLASS 3 EVENTS	
	Race time	Lap	Race time	Lap	Race time	Lap
MEN U17	0:45-1:00	3.5km - 6km	0:45-1:00	4km - 10km	0:45-1:00	No restriction, and any race
WOMEN U17	0:45-1:00		0:45-1:00			
MEN JUNIORS	1:00 - 1:15		1:00 - 1:15			
WOMEN JUNIORS	1:00 - 1:15		1:00 - 1:15			
MEN U23	1:15 - 1:30		N/A			
WOMEN U23	1:15 - 1:30		N/A			
MEN ELITE	1:20 - 1:40		1:30 - 2:00			
WOMEN ELITE	1:20 - 1:40		1:30 - 2:00			
				No restriction		



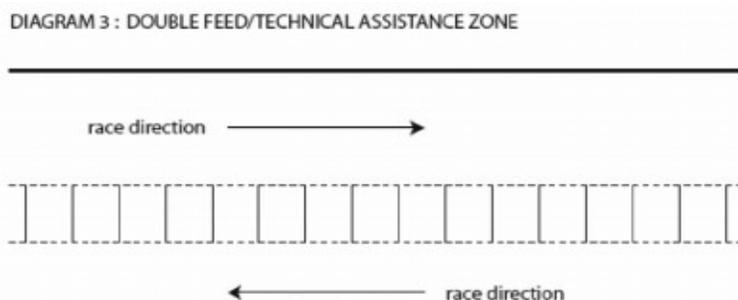
CATEGORY	ABILITY CLASS	GENDER CATEGORY	XC EVENT DURATION - MIN	XC EVENT DURATION - MAX
U15/UNDER 15 (11-14)	N/A	Women	0h 30	0h 55
U15/UNDER 15 (11-14)	N/A	Men	0h 30	0h 55
U17/UNDER 17 (15-16)	Expert	Men	0h 45	1h 15
U17/UNDER 17 (15-16)		Women	0h 45	1h 00
JUNIOR & U17 (15-18)	Beg/Sport Women	Beg/Sport Women	0h 45	1h 00
JUNIOR (17-18)	Beg/Sport Men	Beg/Sport Men	0h 45	1h 15
SENIOR (19+)	Expert Women	Expert Women	1h 00	1h 30
SENIOR (19+)	Beg/Sport Women	Beg/Sport Women	1h 00	1h 15
SENIOR (19+)	Expert Men	Expert Men	1h 00	1h 30
SENIOR (19+)	Beg/Sport Men	Beg/Sport Men	1h 00	1h 30
MASTER (ALL)	Beg/Sport Women	Beg/Sport Women	1h 00	1h 30
MASTER (ALL)	Beg/Sport Men	Beg/Sport Men	1h 00	1h 30
MASTER (ALL)	Expert Women	Expert Women	1h 15	1h 30
MASTER (ALL)	Expert Men	Expert Men	1h 15	1h 30

§ 3 COURSE MARKING

4.2.027 N) The use of chicken wire is prohibited. Similar mesh products need to be approved by the President of the Commissaire Panel.

§5 FEEDING & § 6 TECHNICAL ASSISTANCE

4.2.035 N)



To clarify the UCI Regulations concerning feed / technical assistance zones.

If possible, a double feed / technical assistance zone such as that above is preferred; if not, then two feed / technical assistance zones are needed for XCO competitions. In the case of the diagram above, technical assistance is done at the same place as feeding. In that case, riders



must pull in to the box and stop riding. Also:

- Riders **can** receive feed and water in the technical area as long as they are **stopped** (one foot down).
- The dotted areas should be chalked out or identifiable. Feeders must remain behind the first line and step into the feeding area only upon arrival of their riders.
- The passing lane is in case the riders do not want a feed, they simply ride on through.
- Signs should be used to indicate the start and end of each feed / tech zone

§ 7 SECURITY

First Aid (Minimum Requirements)

4.2.052 N) At least one ambulance and one basic first aid post are required during all race times. An ambulance on standby with an average response time within 10 minutes from local emergency dispatch may be sufficient if approved in advance by the Technical Delegate and President of the Commissaire Panel.

For each event, at least one (1) doctor or one (1) paramedic and at least six (6) people qualified to perform first aid under the laws of the province must be present at the venue during all race times.

CHAPTER 9 CANADA CUP

§1 GENERAL

MTB Canada Cup Classifications and Regulations

Please refer to the Canada Cup specific series regulations document.



PART V: CYCLO-CROSS

CHAPTER I CYCLO-CROSS RACE REGULATIONS

Participation

5.1.001 N) The use of a mountain bike will be allowed in some cyclo-cross competitions, and in some cases, for specified categories only. The CC Officials Committee will determine from time-to-time which categories will be open to MTB. For the National U17, Junior, U23 and Elite Men and National U17, Junior, U23 and Elite Women categories, MTB bikes will not be permitted.

Technical Delegate

5.1.006 N) At National Championships, a Technical Delegate is appointed by the CC. Without prejudice to the responsibility of the organizer, the Technical Delegate shall supervise the preparation of the technical aspects of the competition and shall serve as a link with CC headquarters in this respect.

5.1.007 N) If a competition is promoted at a new venue, the Technical Delegate must carry out an inspection well in advance to take the necessary measurements. The inspection will include the course, the distance, determine the double pit area, installations and the security. He will meet the organizer and prepare an inspection report without delay for submission to CC. He must be on site prior to the first official training session and carry out an inspection of the venue and courses in conjunction with the organizer. He shall coordinate the technical preparations for the competition and shall ensure that the recommendations made in the inspection report are implemented. The definitive version of the course and any changes, if this is the case, shall be the responsibility of the Technical Delegate. The Technical Delegate shall attend the Team Managers' meetings.

Pit Areas

5.1.028 N) Organizers wishing to use two single pits for the National Championships shall make this request to the Technical Delegate at the time of course approval, together with maps and motivation. The Technical Delegate shall make the final decision as to whether this shall be permitted at each specific event.



PART VI: BMX RACING

§1 CATEGORIES AND PARTICIPATION

6.1.002 Age of Participants

N) For National competitions below National Championships, a rider must be at least 5 years of age on December 31st of the current year.

6.1.004 Categories

N) For classes at the Canadian Championship competitions, please refer to the Technical Guide.

N) For classes at the Canada Cup Series, please refer to the BMX Canada Cup specific regulations.

§2 COMPETITION SPECIALTIES

6.1.029 Staging and Gate Positions

N) Where scrambled motos are used, scrambled lane assignments will be used in the motos as generated by appointed race event software.

6.1.039 Scoring Systems

d. N) At CC sanctioned competitions, BMX National Championships and UCI sanctioned competitions below the World Cup level, the race organization will supply a photo-finish system as described by the UCI Regulations, with the exception of a second “front on” position camera; this second camera is not required. The organization will supply an equipment operator who will be at the disposal of the Finish Line Commissaire during all periods of competition. The film for any particular race will only be reviewed in the event of a protest over the actual finish order. The Finish Line Commissaire’s interpretation of the photo finish film is final and is not open for further protest. Relegations of position due to interference in the final straight are not subject to video review; all such decisions are imposed at the discretion of the Commissaires Panel.

6.1.050 Track Flags

N) In addition to the flags (as per UCI Regulations), radio communication may be used. A minimum of 8 multi-channel radios with earpieces should be provided to the Commissaires Panel so that they may effectively perform their duties.



§3 INFRINGEMENT, PENALTIES AND PROTEST

6.1.061 How to Protest

N) In National Calendar competitions, a rider without a Team Manager can protest directly to the Secretary in the event of a protest over the actual finish order in a moto. The Secretary will bring forward to the Finish Line Commissaire and/or President of the Commissaire Panel. As mentioned above, the decision of the Finish Judge shall be final.

§4 THE BICYCLE, CLOTHING & EQUIPMENT

6.1.079 N) If, for whatever reason, riders 12 and under race in a combined class, the use of clipless pedals must respect the rule about the rider's age division.

§7 INTERNATIONAL NUMBER SYSTEM

6.1.094 Assignment of International Race Numbers

Riders wishing to compete in a UCI sanctioned international BMX competition must display an international race number on their plate in accordance with the rules below. Clarification: Elite riders who do not have a UCI career number must use a number that does not conflict with any career number used by any other elite rider. As per UCI Regulations, no rider, other than an Elite rider with a UCI career number (including challenge categories), may print a number on their jersey. Junior riders must use a number that does not conflict with any career number used by any Elite rider. CC maintains a list of such available plate numbers obtained from the UCI. Riders not abiding by these regulations shall not be allowed to start, if noticed before the race in question, or shall be relegated if noticed after the fact.

N) Rules applicable to riders in the Challenge classes are as follows:

- For CC sanctioned competitions (Canada Cup), riders supply their own number plates which must conform to the colour coding described in the UCI Regulations;
- For the Canadian Championships, riders are supplied with a number plate conforming to the regulations. This number plate must be used and may not be modified.

§9 COMPETITION OFFICIALS

ANNEX 6 Finish Line Commissaire

6. N) In absence of a photo-finish camera, there shall be one qualified UCI or National Finish Line Commissaire assisted by four or more Finish Line scoring personnel (whenever possible, the scoring personnel shall be Provincial or higher level Commissaires). In the case that there is a photo-finish camera, there shall be a qualified UCI or National Finish Line Commissaire assisted by at least one member of the Finish Line scoring personnel (whenever possible, the scoring personnel shall be Provincial or higher level Commissaire). The decision on the finish order by the Finish Line Commissaire mentioned above shall be final in the event of a protest concerning the finish order.



N) Please see specific Canadian National Championships and CC National Series event rules/guidelines.

BMX APPENDIX 1 and 2

For international competitions please refer to the UCI Regulations.

N) For rules applying to Canadian National Championships and National Series competitions, please refer to the specific competition rules.



PART VIBIS: BMX FREESTYLE

§3 CALENDAR AND ORGANIZATION OF BMX FREESTYLE EVENTS

6bis.3.008 The organizer shall setup adequate medical service

N) For National competitions there should be a paramedic and/or people qualified to perform first aid onsite on standby during all official training and race times. An ambulance on standby is recommended.

6bis.3.009 N) For National competitions, it is strongly recommended that a doctor is on site to provide riders with medical care. If no doctor is on site, a certified first responder must be on site.

6bis.3.010 N) An ambulance must be available on site of the competition if the average response time is greater than 10 minutes from local emergency dispatch.

§8 COMPETITION OFFICIALS

6bis.8.007 Appointment

N) The role of commissaire for national competitions will be appointed by CC. Commissaires will have the designation of at least Elite National Commissaire in another cycling discipline. Judges appointed to national competitions must either be recommended by the UCI or approved by the sanctioning body.



PART XII: DISCIPLINE AND PROCEDURES

CHAPTER 3 DISCIPLINARY MEASURES

§4 FINE

Time limits

12.3.008 N) Fines invoiced by CC or the PSO must be paid within two months of the dispatch of the invoice to the individual concerned. If the total amount due is not paid within 60 calendar days of the due date, the offending party shall be automatically suspended until the full amount is paid. If the offending party is suspended for another reason, the suspension for non-payment shall be added to the duration of the other suspension.

Collection of fines

12.3.010 N) Fines imposed for race incidents relating to the provincial calendars of the various disciplines shall be collected by the PSO of the event organiser.

Suspension

12.3.013 N) This regulation applies equally to a suspension given by a PSO. CC must be informed when a suspension is given to a license holder.



PART XVI: PARA-CYCLING

CHAPTER 2 AGE CATEGORIES

16.2.001 N) The riders of the Youth category may be regrouped with the other rider categories if the number does not make it possible to hold a distinctive race.

CHAPTER 3 ELIGIBILITY FOR IPC COMPETITIONS

Athletes

16.3.002 N) For the provincial competitions, a rider can take the start with a CC license or a provincial license. At the Canadian Championships, all riders must hold a valid CC license.

CHAPTER 7 ROAD RACES

All Road Race courses must be completely closed to other traffic.

Road Race Circuits

16.7.003 N) The minimum length of a circuit for a Road event shall be one (1) km (criterium and road race).



APPENDIX 1 – COMMISSAIRES

CYCLING CANADA OFFICIALS COMMITTEE (CCOC)

The CCOC will review all technical regulations and technical standards for competition; ensure the application of these regulations and standards at all competitions; compile a record of officials; prepare and administer instructional and refresher courses for all officials; accredit officials for international upgrading.

PROVINCIAL AUTHORITY RESPONSIBLE FOR COMMISSAIRES

The competent authority of the Provincial Association responsible for commissaires will provide feedback on the implementation of rule changes; coordinate and implement Provincial Commissaires Courses; complete remaining Commissaire Assignments for national competitions which occur in their provinces; recommend officials for national and international upgrading to the Officials Committee; recommend rule changes to the Officials Committee; ensure the licensing of Provincial Level Commissaires.

COURSE CONDUCTOR

Only National Level Commissaires or higher would be authorized to deliver ~~that have attended and passed the Course Conductor Course are authorized to deliver~~ Commissaire Courses.

NOTE: The course conductor pathway is currently under review.



APPENDIX 2 – NATIONAL TRACK RECORDS

Updated January 24, 2024

Distance	Result Résultat	Date	Athlete and province Athlète et province	Event and Location Évènement et lieu
Elite women – femmes élite				
Flying 200m – 200m lancé	10.154*	Sept. 4, 2019	Kelsey Mitchell AB	Pan Am Championships, Cochabamba BOL
Time trial – contre-la-montre (500m)	33.260	Sept. 7, 2019	Lauriane Genest QC	Pan Am Championships, Cochabamba BOL
Individual pursuit (3 km) Poursuite individuelle	3:20.257	Sept. 7, 2019	Georgia Simmerling BC	Pan Am Championships, Cochabamba BOL
Team Sprint (750 m) Vitesse par équipes	47.348	Aug. 3, 2023	Lauriane Genest QC Kelsey Mitchell AB Sarah Orban AB	UCI World Championships, Glasgow GBR
Team Pursuit (4 km) Poursuite par équipes	4:09.249	Aug. 3, 2021	Allison Beveridge AB Ariane Bonhomme QC Annie Foreman-Mackey ON Georgia Simmerling BC	Olympic Games, Tokyo JPN
Elite men – hommes élite				
Flying 200m – 200m lancé	9.453	Sept. 6, 2019	Joel Archambault QC	Pan Am Championships, Aguascalientes MEX
Time trial – contre-la-montre (1 km)	58.951	Sept. 8, 2019	Vincent de Haître ON	Pan Am Championships, Cochabamba BOL
Individual pursuit (4 km) Poursuite individuelle	4:09.802	June 17, 2023	Chris Ernst ON	Pan Am Championships, San Juan ARG
Team Sprint (750 m) Vitesse par équipes	43.398	April 21, 2023	James Hedgcock ON Tyler Rorke ON Nick Wammes ON	UCI Track Nations Cup, Milton CAN
Team Pursuit (4 km) poursuite par équipes	3:46.324	Aug. 4, 2021	Vincent de Haître AB Michael Foley ON Derek Gee ON Jay Lamoureux BC	Olympic Games, Tokyo JPN
Junior women – femmes junior				
Flying 200m – 200m lancé	11.501	Aug. 15, 2019	Madison Dempster ON	UCI Junior World Championships, Frankfurt (Oder) GER
Time trial – contre-la-montre (500m)	35.951	Aug. 17, 2019	Madison Dempster ON	UCI Junior World Championships, Frankfurt (Oder) GER
Individual pursuit (2 km) Poursuite individuelle	2:22.240	March 31, 2023	Nora Linton ON	Canadian Track Championships, Bromont QC
Team Sprint (750 m) Vitesse par équipes	54.924	Nov. 14, 2021	Emy Savard QC Justine Thomas QC Pelee Primeau QC	Canadian Track Championships, Milton ON
Team Pursuit (4 km) Poursuite par équipes	4:31.926	Aug. 15, 2019	Ngaire Barraclough AB Sarah Van Dam BC Lily Plante QC Adele Desgagnes QC	UCI Junior World Championships, Frankfurt (Oder) GER
Junior men – hommes junior				
Flying 200m – 200m lancé	9.738***	Oct. 7, 2016	Stefan Ritter AB	Pan Am Championships, Aguascalientes MEX



Time trial – contre-la-montre (1 km)	1:00.578**	Oct. 6, 2016	Stefan Ritter AB	Pan Am Championships, Aguascalientes MEX
Individual pursuit (3 km) Poursuite individuelle	3:09.682***	Oct. 14, 2022	Carson Mattern	UCI Elite World Championships, St-Quentin-en-Yvelines FRA
Team Sprint (750 m) Vitesse par équipes	46.280	Aug. 14, 2019	James Hedgcock ON Riley Pickrell BC Andrew Scott ON	UCI Junior World Championships, Frankfurt (Oder) GER
Team Pursuit (4 km) Poursuite par équipes	4:01.553	Aug. 23, 2023	Charles Bergeron ON Justin Roy QC Ethan Powell ON Albert Taylor ON	UCI Junior World Championships, Cali COL

NOTE : Team sprint records are for 250m tracks only – Les records de la vitesse par équipes sont valides uniquement pour les pistes de 250m

** World record / Record du monde*

*** Pan-American record / Record panaméricain*

**** Junior world record / Record du monde junior*

Distance	Result Résultat	Date	Athlete and province Athlète et province	Event and Location Évènement et lieu
Para-cycling Time trial – Contre-la-montre en paracyclisme				
WC1 (500m)	--			
WC2 (500m)	53.761	Oct. 12, 2015	Michelle Salt AB	Canadian Track Championships, Milton CAN
WC3 (500m)	39.984	Nov. 23, 2023	Mel Pemble BC	Para Pan Am Games, Santiago CHI
WC4 (500m)	35.223**	Jan. 31, 2020	Kate O'Brien AB	Track World Championships, Milton CAN
WC5 (500m)	44.954	Aug. 10, 2015	Nicole Clermont QC	Para Pan Am Games, Milton CAN
WB (1 km)	1.13.372	Nov. 16, 2011	Robbi Weldon ON Lyne Bessette QC	Para Pan Am Games, Guadalajara MEX
MC1 (1 km)	1.20.429	Sept. 10, 2016	Ross Wilson AB	Paralympic Games, Rio de Janeiro, BRA
MC2 (1 km)	1.12.444	Aug. 7, 2023	Tarek Dahab QC	Track World Championships, Glasgow GBR
MC3 (1 km)	1:10.852	Nov. 23, 2023	Alexandre Hayward NB	Para Pan Am Games, Santiago CHI
MC4 (1 km)	1.13.048	Nov. 15, 2011	Éric Bourgault QC	Para Pan Am Games, Guadalajara, MEX
MC5 (1 km)	1.17.592	Sept. 9, 2008	Mark Breton QC	Paralympic Games, Beijing, CHN
MB (1 km)	1.05.172	March 19, 2016	Daniel Chalifour QC Jean-Michel Lachance QC	Track World Championships, Montichiari, ITA
Para-cycling Individual pursuit – Poursuite individuelle en paracyclisme				
WC1 (3 km)	--			
WC2 (3 km)	5:23.635	Oct. 11, 2015	Michelle Salt AB	Canadian Track Championships, Milton CAN
WC3 (3 km)	4:10.103	Nov. 24, 2023	Mel Pemble BC	Para Pan Am Games, Santiago CHI
WC4 (3 km)	3:46.931	Nov. 24, 2023	Keely Shaw SK	Para Pan Am Games, Santiago CHI
WC5 (3 km)	4:08.557	Sept. 8, 2016	Nicole Clermont QC	Paralympic Games, Rio de Janeiro BRA
WB (3 km)	3:40.601	Nov. 15, 2011	Robbi Weldon ON Lyne Bessette QC	Para Pan Am Games, Guadalajara MEX
MC1 (3 km)	3:49.450***	Nov. 8, 2019	Ross Wilson AB	UCI Track World Cup, Glasgow GBR
MC2 (3 km)	3:40.581	Jan. 30, 2020	Tristen Chernove BC	Track World Championships, Milton CAN
MC3 (3 km)	3:26.642	Nov. 24, 2023	Alexandre Hayward NB	Para Pan Am Games, Santiago CHI
MC4 (4 km)	5:09.260	Nov. 6, 2009	Éric Bourgault QC	Track World Championships, Manchester GBR
MC5 (4 km)	5:12.364	Sept. 8, 2008	Mark Breton QC	Paralympic Games, Beijing CHN
MB (4 km)	4:17.718	March 18, 2016	Daniel Chalifour QC	Track World Championships, Montichiari ITA



			Jean-Michel Lachance QC	
Para-cycling Flying 200m – 200m lancé en paracyclisme				
WC3	12.666**	Oct. 20, 2022	Mel Pemble BC	Track World Championships, St-Quentin-en-Yvelines FRA
WC4	11.519**	Jan. 31, 2020	Kate O'Brien AB	Track World Championships, Milton CAN
MC1	13.114	Jan. 31, 2020	Ross Wilson AB	Track World Championships, Milton CAN
MC2	12.141	Jan. 31, 2020	Tristen Chernove BC	Track World Championships, Milton CAN
WB	12.704	Feb. 12, 2012	Robbi Weldon ON Lyne Bessette QC	Track World Championships, Los Angeles USA
MB	10.857	Nov. 8, 2009	Daniel Chalifour QC Luc Dionne QC	Track World Championships, Manchester GBR
Team Sprint – Vitesse par équipes				
M/H (750m)*	56.183	Sept. 10, 2008	Éric Bourgault QC Mark Breton QC Jean Quévillon QC	Paralympic Games, Beijing CHN
<i>* Team sprint records are for 250m tracks only – Les records de la vitesse par équipes sont valides uniquement pour les pistes de 250m</i>				
<i>** World Record – Record mondial</i>				
<i>*** Past World – Record mondial historique</i>				

Distance	Result Résultat	Date	Athlete and province Athlète et province	Event and Location Évènement et lieu
U17 women – femmes U17				
Flying 200m – 200m lancé	12.059	April 14, 2018	Madison Dempster ON	Canadian Track Championships, Milton ON
Time trial – contre-la-montre (500m)	37.140	April 15, 2018	Madison Dempster ON	Canadian Track Championships, Milton ON
Individual pursuit (2 km) Poursuite individuelle	2:31:640	April 8, 2022	Nora Linton ON	Canadian Track Championships, Milton ON
Team Sprint (750 m) Vitesse par équipes *	56.821	April 10, 2022	Geza Rodgers BC Kimberly Chen, BC Isla Rendle, BC	Canadian Track Championships, Milton ON
Team Pursuit (3 km) Poursuite par équipes	3:45.432	Oct. 10, 2015	Naomi Desousa ON Kassandra Kriarakis ON Ruby West ON Ali Van Zendoorn ON	Canadian Track Championships, Milton ON
U17 men – hommes U17				
Flying 200m – 200m lancé	11.073	April 13, 2019	Dylan Bibic ON	Canadian Track Championships, Milton ON
Time trial – contre-la-montre (500m)	33.229	April 1, 2017	Riley Pickrell BC	Canadian Track Championships, Milton ON
Individual pursuit (2 km) Poursuite individuelle	2:13.579	March 1, 2019	Dylan Bibic ON	Ontario Track Championships, Milton ON
Team Sprint (750m) Vitesse par équipes *	48.828	April 15, 2018	Dylan Bibic ON Andrew Scott ON Tyler Rorke ON	Canadian Track Championships, Milton ON
Team Pursuit (3 km) Poursuite par équipes	3:22.395	April 2, 2017	Dylan Bibic ON Giuseppe Carone ON Axel Froner ON James Hedgcock ON	Canadian Track Championships, Milton ON
<i>* Team sprint records are for 250m tracks only. Les records de la vitesse par équipes sont valides uniquement pour les pistes de 250m.</i>				



Non-competition records- records hors compétition				
Category Catégorie	Result Résultat	Date	Athlete and province Athlète et province	Location Lieu
Hour record – Record de l’heure				
• W/F Open	42.547 km	Aug. 25, 2022	Angela Goran ON	Aguascalientes MEX
• M/H Open	51.304 km	Oct. 23, 2020	Lionel Sanders ON	Milton ON
Non-standard distances – distances non-standard				
• W/F 1 km	1:14.990	Aug. 1982	Sylvia Burka ON	Olympic velodrome, Montreal QC
<i>To organize a track cycling record attempt, contact Cycling Canada – Pour organiser une tentative de record sur piste, contactez Cyclisme Canada</i>				

Masters Flying 200m – 200m lancé Maîtres				
• W/F 35-44	11.649	Oct. 18, 2019	Rachel McKinnon BC	UCI Masters World Championships Manchester GBR
• W/F 45-54	13.720	Jan. 6, 2024	Denise Magnini ON	Canadian Track Championships, Milton ON
• W/F 55-64				
• W/F 65+				
• M/H 35-44	10.527	Jan. 6, 2024	Guy McClintock BC	Canadian Track Championships, Milton ON
• M/H 45-54	11.327	Sept. 2, 2022	Frank Kovacs AB	Canadian Track Championships, Milton ON
• M/H 55-64	11.226	Jan. 6, 2024	Frank Kovacs AB	Canadian Track Championships, Milton ON
• M/H 65+	12.515	Jan. 6, 2024	Ken Germaine AB	Canadian Track Championships, Milton ON
Masters Time trial – contre-la-montre Maîtres				
• W/F 35-44 (500m)	36.911	Oct. 16, 2019	Rachel McKinnon BC	UCI Masters World Championships Manchester GBR
• W/F 45-54 (500m)	44.233	Sept. 26, 2019	Nancy Schmeler ON	Canadian Track Championships, Milton ON
• W/F 55-64 (500m)	46.047	Jan. 5, 2024	Gail Wozny AB	Canadian Track Championships, Milton ON
• W/F 65+ (500m)	43.512	Oct. 9, 2018	Renate Walton BC	UCI Masters World Championships, Los Angeles USA
• M/H 35-44 (1km)	1:04.874	Sept 26, 2019	Fabien Lamaze ON	Canadian Track Championships, Milton ON
• M/H 45-54 (750m)	51.710	Sept. 3, 2022	Frank Kovacs AB	Canadian Track Championships, Milton ON
• M/H 55-64 (500m)	35.121	Jan. 5, 2024	Thomas Schelesny BC	Canadian Track Championships, Milton ON
• M/H 65+ (500m)	38.458	Jan. 5, 2024	Ken Germaine AB	Canadian Track Championships, Milton ON
Masters Individual pursuit – Poursuite individuelle Maîtres				
• W/F 35-44 (2km)	2:35.552	Sept. 28, 2019	Charlotte Roberge QC	Canadian Track Championships, Milton ON
• W/F 45-54 (2km)	2:43.417	Jan. 6, 2024	Paolina Allan ON	Canadian Track Championships, Milton ON
• W/F 55-64 (2km)	2:55.458	Jan. 6, 2024	Gail Wozny AB	Canadian Track Championships, Milton ON
• W/F 65+ (2km)	2:59.027	Sept. 24, 2022	Renate Walton BC	UCI Masters World Championships, Los Angeles USA
• M/H 35-44 (3km)	3:32.922	Sept. 28, 2019	Willy Gonzalez AB	Canadian Track Championships, Milton ON
• M/H 45-54 (3km)	3:30.952	Jan. 6, 2024	Tim Hadfield ON	Canadian Track Championships, Milton ON
• M/H 55-64 (2km)	2:24.749	Jan. 6, 2023	Uli Mayer BC	Canadian Track Championships, Milton ON
• M/H 65+ (2km)	2:33.025	Jan. 6, 2024	Ralph Schatzmair ON	Canadian Track Championships, Milton ON
Masters Team Pursuit – Poursuite par équipes Maîtres				
• W/F (2 km)	2:48.007	Sept. 29, 2017	Bryn Currie ON Jane Emans ON Chantal Thompson ON	Canadian Track Championships, Milton ON
• W/F (4 km)	5:22.236	Jan. 7, 2023	Lisa Ulrich ON Amy Maher ON Elaine Soucy ON Amy White ON	Canadian Track Championships, Milton ON
• M/H (3 km)	3:32.174	Sept. 29, 2017	Garnett Abbey ON Scott Buschlen ON	Canadian Track Championships, Milton ON



			Richard Froner ON William Trischuk ON	
• M/H (4 km)	4:40.055	Jan. 5, 2024	Roland Fletcher ON Jacques Cormier ON Robert Meneguzzi ON Scott Elliott ON	Canadian Track Championships, Milton ON
Masters Team Sprint – Vitesse par équipes Maîtres				
• W/F (750m)	58.381	Jan. 6, 2024	Denise Magnini ON Amy Maher ON Rosa Phillip ON	Canadian Track Championships, Milton ON
• M/H (750m)	49.041	Sept. 30, 2017	Brent Baerg AB Frank Kovacs AB Cameron MacLeod AB	Canadian Track Championships, Milton ON
Masters Hour Record – Record de l'heure Maîtres				
• W/F 35-39	42.425* km	Sept. 23, 2017	Jane Emans ON	Milton ON
• W/F 40-44	42.547 km	Aug. 25, 2022	Angela Goran ON	Aguscalientes MEX
• W/F 45-49	38.156* km	Sept. 23, 2017	Jody Levine ON	Milton ON
• W/F 50-54	40.366 km	Sept. 23, 2017	Bryn Currie ON	Milton ON
• M/H 30-34	45.325 km	Sept. 23, 2017	Dave Hainish ON	Milton ON
• M/H 35-39	43.630 km	Dec. 9, 2023	Dave Hainish ON	Milton ON
• M/H 40-44	48.587* km	Sept. 23, 2017	Ed Veal ON	Milton ON
• M/H 50-54	48.393 km	Sept. 25, 2018	Mike Nash ON	Aguscalientes MEX
• M/H 65-69	43.735 km	Nov. 30, 2023	Sylvan Adams	Bromont, QC
• M/H 70-74	40.573 km	Dec. 9, 2023	Peter Leiss ON	Milton ON
• M/H 75-79	35.728* km	Oct. 20, 2012	Giuseppi Marinoni	Montichiari ITA
• M/H 80-84	39.004* km	Sept. 23, 2017	Giuseppi Marinoni	Milton ON
* World Record/Record du monde				
<p><i>Masters records must be set in the appropriate age category in UCI or Cycling Canada sanctioned competition with electronic timing. To submit a result, please send the official results sheet signed by the commissaire to track@cyclingcanada.ca.</i></p> <p><i>Les records de maîtres doivent être atteints dans la catégorie d'âge rélevante lors d'une compétition sanctionnée par l'UCI ou Cyclisme Canada avec chronométrage électronique. Pour soumettre un résultat, veuillez envoyer la feuille de résultat officielle signé par le commissaire à : track@cyclingcanada.ca.</i></p>				



APPENDIX 3 – 2023 CANADIAN CHAMPIONS

2023 ROAD CHAMPIONS			
Medalists Titled			
Individual Time Trial	Athlete	Prov	Time
Junior Women (19.4km)	Nora Linton	ON	27:05.0
Junior Men (29.1km)	Matthew Ney	BC	36:33.3
U23 Women (29.2km)	Ngairé Barraclough	BC	39:49.5
Elite Women (29.2km)	Paula Findlay	AB	38:26.1
U23 Men (38.4km)	Michael Leonard	ON	44:33.7
Elite Men (38.4km)	Derek Gee	ON	44:14.0
Master Women 35-44 (18.6km)	Nancy Gillan	QC	28:23.0
Master Women 44-54 (18.6km)	Paolina Allan	ON	28:37.0
Master Women 55-64 (18.6km)	Nathalie Champagne	QC	30:08.0
Master Women 65+ (18.6km)	Anna Tykoliz	ON	40:18.0
Master Men 35-44 (18.6km)	Zack Morris	ON	24:54.0
Master Men 45-54 (18.6km)	Mark Sherboneau	ON	24:20.0
Master Men 55-64 (18.6km)	Bruce Blrd	ON	25:31.0
Master Men 65+ (18.6km)	Sylvan Adams	QC	27:25.0
Road Race	Athlete	Prov	Time
Junior Women	Alexandra Volstad	AB	2:02:13
Junior Men	Ethan Powell	ON	3:05:31
Elite Women	Alison Jackson	BC	3:31:25
Elite Men	Nickolas Zubowsky	QC	4:52:11
U23 Women	Sarah Van Dam	BC	3:31:26
U23 Men	Philippe Jacob	QC	4:52:29
Master Women 35-44 (71.1km)	Jodi Wendland	ON	2:02:48
Master Women 45-54 (71.1km)	Caroline Montminy	QC	2:02:51
Master Women 55-64 (71.1km)	Nathalie Champagne	QC	2:02:47
Master Women 65+ (71.1km)	Anna Tykoliz	ON	2:55:56
Master Men 35-44 (118.5km)	Maxime Forget	QC	2:49:28
Master Men 45-54 (118.5km)	Nicolas Proulx	QC	2:56:15
Master Men 55-64 (94.8km)	Eric Provost	QC	2:22:38
Master Men 65+ (71.1km)	Sylvan Adams	QC	2:00:56
criterium Challenge	Athlete	Prov	Time
Junior Women	Nora Linton	ON	41:52
Junior Men	Patrick Harris	ON	56:51

Elite Women	Holly Simonson	BC	1:11:14
Elite Men	Alexander Cowan	AB	1:10:59
Master Women 35-44	Pauline Diaz	QC	0:40:17
Master Women 45-54	Josée Rossignol	QC	0:38:56
Master Women 55-64	Dawn Heinemeyer	AB	0:42:55
Master Women 65+	Anna Tykoliz	ON	0:58:14
Master Men 35-44	Samuel Blanchette	QC	0:49:00
Master Men 45-54	Patrick Tremblay	QC	0:47:47
Master Men 55-64	Eric Provost	QC	0:50:26
Master Men 65+	Sylvan Adams	QC	0:54:46

2023 CYCLO-CROSS CHAMPIONS

Medalists Titled

	Athlete	Prov	Time
U17 Women	Lydia Stack-Michasiw	SK	42:21.23
U17 Men	Ethan Wood	BC	36:38.09
Junior Women	Rafaelle Carrier	QC	37:49.40
Junior Men	Jayden McMullen	ON	36:22.15
U23 Women	Isabella Holmgren	ON	46:09.19
U23 Men	Ian Ackert	ON	52:45.89
Elite Women	Ava Holmgren	ON	46:04.00
Elite Men	Evan Russell	BC	57:21.48
Master Women 35-44	Pepper Harlton	AB	38:53.04
Master Women 45-54	Cristin Schlossberger	BC	39:36.36
Master Women 55-64	Gail O'reilly	AB	44:30.57
Master Women 65+	Patricia Konantz`	QC	39:50.05
Master Men 35-44	Raphael Lalumiere	BC	46:17.70
Master Men 45-54	Bob Welbourn	BC	47:08.72
Master Men 55-64	Lorenzo Caterini	NS	38:02.72
Master Men 65+	Colin Funk	BC	41:28.27

2023 TRACK CHAMPIONS

Medalists Titled

Sprint	Athlete	Prov
U17 Men	Oscar Wong	BC
U17 Women	Isla Rendle	BC
Junior Men	Cole Dempster	ON
Junior Women	Kimberly Chen	BC



Elite Men	James Hedgcock	ON
Elite Women	Lauriane Genest	QC
Master Men A	Brent Baerg	AB
Master Men B	Hans Loeffelholz	BC
Master Men C	Frank Kovacs	AB
Master Women	Rosa Phillip	ON
Keirin	Athlete	Prov
U17 Men	Ben Morin	AB
U17 Women	Eve Buczkowski	ON
Junior Men	Cole Dempster	ON
Junior Women	Anika Brants	ON
Elite Men	James Hedgcock	ON
Elite Women	Kelsey Mitchell	AB
Master Men A	Guy McIntock	BC
Master Men B	Steve McKee	ON
Master Men C	Keith Bruneau	BC
Master Women	Rosa Phillip	ON
Time Trial	Athlete	Prov
U17 Men	Charlie Walsh	ON
U17 Women	Eve Buczkowski	ON
Junior Men	Cole Dempster	ON
Junior Women	Nora Linton	ON
Elite Men	James Hedgcock	ON
Elite Women	Kelsey Mitchell	AB
Master Men A	Brent Baerg	AB
Master Men B	Hans Loeffelholz	BC
Master Men C	Frank Kovacs	AB
Master Women A	Rosa Phillip	ON
Master Women B	Amy Maher	ON
Master Women C	Wendy Malloch	ON
Team Sprint	Athletes	Prov
U17 Men	Ronan Mantle Jake Mclean Charlie Walsh	ON
U17 Women	Eve Buczkowski Alexandra Fangeat Lilli Salonen-Berscht	ON



Junior Men	Cole Dempster Hudson Lubbers Ethan Powell	ON
Junior Women	Kimberly Chen Anabelle Thomas Alexandra Volstad	ON
Elite Men	Nick Wammes James Hedgcock Tyler Rorke	ON
Elite Women	Jackie Boyle Sarah Orban Emy Savard	QC
Master Men	Brent Baerg Jeff Moir Frank Kovacs	AB
Master Women	Amy Maher Lisa Ulrich Elaine Soucy	ON
Individual Pursuit	Athlete	Prov
U17 Men	Antoine Bergeron	ON
U17 Women	Alexandra Fangeat	ON
Junior Men (3000m)	Charles Bergeron	ON
Junior Women (2000m)	Nora Linton	ON
Elite Men (4000m)	Michael Foley	ON
Elite Women (3000m)	Ariane Bonhomme	QC
Master Men A	Willy Gonzalez	AB
Master Men B	Tim Hadfield	ON
Master Men C	Uli Mayer	BC
Master Women A	Rosa Phillip	ON
Master Women B	Amy Maher	ON
Master Women C	Wendy Malloch	ON
Team Pursuit	Athletes	Prov
U17 Men	Antoine Bergeron Brody Mann Ronan Mantle Jake Mclean	ON



U17 Women	Eve Buczkowski Alexandra Fangeat Lilli Salonen-Berscht	ON
Junior Men	Ashlin Barry Charles Bergeron Ethan Powell Albert Taylor	ON
Junior Women	Vanessa Montrichard Nora Linton Taylor Tompkins Anika Brants	ON
Elite Men	Sean Richardson Amiel Flett-Brown Carson Mattern Daniel Fraser-Maraun	ON
Elite Women	Maggie Coles-Lyster Devaney Collier Erin Attwell Annie Scott	ON
Master Men	David Hainish Tim Hadfield William Trischuk Scott Buschlen	ON
Master Women	Amy White Amy Maher Lisa Ulrich Elaine Soucy	ON
Omnium	Athlete	Prov
Elite Men	Dylan Bibic	ON
Elite Women	Ariane Bonhomme	QC
Scratch Race	Athlete	Prov
U17 Men	Brody Mann	ON
U17 Women	Eve Buczkowski	ON
Junior Men	Nora Linton	ON
Junior Women	Charles Bergeron	ON
Elite Men	Dylan Bibic	ON
Elite Women	Ariane Bonhomme	QC
Master Men A	Willy Gonzalez	AB



Master Men B	Tim Hadfield	ON
Master Men C	Uli Mayer	BC
Master Women A	Rosa Phillip	ON
Master Women B	Amy Maher	ON
Elimination Race	Athlete	Prov
U17 Men	Antoine Bergeron	ON
U17 Women	Alexandra Fangeat	ON
Junior Men	Ashlin Barry	ON
Junior Women	Nora Linton	ON
Points Race	Athlete	Prov
U17 Men	Jake Mclean	ON
U17 Women	Alexandra Fangeat	ON
Junior Men	Carson Mattern	ON
Junior Women	Charles Bergeron	ON
Master Men A	Willy Gonzalez	AB
Master Men B	Tim Hadfield	ON
Master Men C	Uli Mayer	BC
Master Women A	Rosa Phillip	ON
Master Women B	Amy Maher	ON
Madison	Athlete	Prov
U17 Women	Alexandra Fangeat/Eve Buczkowski	ON
U17 Men	Rigby Monty/Oscar Wong	BC
Junior Men	Hudson Lubbers/Ashlin Barry	ON
Junior Women	Nora Linton/Anika Brants	ON
Elite Men	Dylan Bibic/Mathias Guillemette	ON
Elite Women	Ariane Bonhomme/Lily Plante	QC
Keirin	Athlete	Prov
Elite Men	James Hedgcock	ON
Elite Women	Lauriane Genest	QC
Master Men A	Jérémie Fontanaud	QC
Master Men B	Hans Loeffelholz	BC
Master Men C	Frank Kovacs	AB
Master Women	Rosa Phillip	ON

2023 PARA-CYCLING TRACK CHAMPIONS



Medalists Titled			
Individual Time Trial	Athlete	Prov	Time
Para C2 Men	Tarek Dahab	QC	1:15.109
Para C3 Men	Alexandre Hayward	NB	1:15.329
Para C4 Men	Lachlan Hotchkiss	ON	1:17.991
Para C3 Women	Mel Pemble	BC	40.731
Para C4 Women	Kate O'Brien	AB	38.744
Individual Pursuit	Athlete	Prov	Time
Para B Women	Amanda Provan/Evelyne Gagnon	ON	4:00.806
Para C2 Men	Tarek Dahab	QC	3:55.607
Para C3 Men	Alexandre Hayward	NB	3:31.616
Para C4 Men	Lachlan Hotchkiss	ON	5:28.860
Para C3 Women	Mel Pemble	BC	4:15.775
Para C4 Women	Keely Shaw	SK	3:50.984

2023 PARA-CYCLING ROAD CHAMPIONS

Medalists Titled			
Individual Time Trial	Athlete	Prov	Time
Women T1-2	Shelley Gautier	ON	32:01.1
Men T1-2	Louis-Albert Corriveau-Jolin	QC	33:40.3
Men H1-2/Women H1-2	Martin Duif	ON	37:17.1
Men H3-5/Women H3-5	Charles Moreau	QC	27:57.0
Men C1-5	Michael Sametz	AB	25:08.3
Women C1-5	Jessica Law	BC	32:38.7
Men B Tandem	Lowell Taylor	AB	34:25.3
Women B Tandem	Carla Shibley	AB	41:31.7
Road Race	Athlete	Prov	Time
Women T1	Shelley Gautier	ON	1:01:16
Men T1-2	Nathan Clement	BC	1:06:27
Men H1-2/Women H1-5	Martin Duif	ON	2:13:23
Men H3-5	Joey Desjardins	ON	1:15:14
Men C1-3	Michael Sametz	AB	1:04:28
Men C4	Piotr Czynowicz	QC	1:28:20
Men B Tandem	Lowell Taylor	AB	1:47:00
Women B Tandem	Carla Shibley	AB	1:31:16



2023 MOUNTAIN BIKE CHAMPIONS

Medalists Titled

Downhill	Athlete	Prov
U17 Expert Men	Anthony Shelly	BC
U17 Women	Tayte Proulx-Royds	BC
Junior Expert Men	Brock Hawes	BC
Junior Women	Joy Attalla	BC
Elite Men	Lucas Cruz	BC
Elite Women	Bailey Goldstone	BC
Master Men 35-44	Kristopher McMechan	BC
Master Men 45-54	Robert Venables	BC
Master Men 55+	Donald Van Eesteren	BC
Master Women 35-44	Michelle Thorne	BC
Enduro	Athlete	Prov
U21 Women	Emmy Lan	BC
U21 Men	Ho Weitien	BC
Elite Women	Brittany Phelan	BC
Elite Men	Jesse Melamed	BC
Cross-Country	Athlete	Prov
U17 Expert Women	Rafaelle Carrier	QC
U17 Expert Men	Emilien Belzile	QC
U19/Junior Expert Women	Marin Lowe	BC
U19/Junior Expert Men	Ian Ackert	ON
U23 Elite Women	Emily Johnston	BC
U23 Elite Men	Cole Punchard	ON
Elite Women	Jennifer Jackson	ON
Elite Men	Carter Woods	BC
Master Expert Women 35-44	Sue Haviland	ON
Master Expert Men 35-44	Peter Glassford	ON
Master Expert Women 45-54	Annik Belanger	QC
Master Expert Men 45-54	Aroussen Laflamme	QC
Master Expert Women 55+	Lyne Nepton	QC
Master Expert Men 55+	Lorenzo Caterini	NS
Short Track	Athlete	Prov
Elite Women	Laurie Arsenault	QC



Elite Men	Carter Woods	BC
Junior Women	Marin Lowe	BC
Junior Men	Ian Ackert	ON
U17 Women	Rafaelle Carrier	QC
U17 Men	Nicolas Gauthier	QC
Team Relay	Team	Prov
PSO/Trade Team	Pivot Cycles - OTE	UCI
Cross-Country Marathon	Athlete	Prov
Elite Women	Haley Smith	ON
Elite Men	Andrew L'Esperance	NS

2023 BMX CHAMPIONS

Medalists Titled	Athlete	Prov
Junior Women	Keira Murphy	BC
Junior Men	Carson Kowaski	AB
U23 Women	Thomas Jodoin	QC
U23 Men	Mathilde Brisebois	QC
Elite Women	Molly Simpson	AB
Elite Men	Ryan Tougas	BC
Medalists Non-titled	Athlete	Prov
5-7 yrs Women	Audrey Francisco	ON
8 yrs Women	Madeleine Fortier	QC
9 yrs Women	Nicole Kriz	ON
10 yrs Women	Ellie-Mai George	AB
11 yrs Women	Elle Foo-Donais	BC
12 yrs Women	Logan Lee	AB
13 yrs Women	Quinn Reiling	AB
14 yrs Women	Laurianne Beland	QC
15 yrs Women	Meane Hebert	QC
16 yrs Women	Victoria Dubé	QC
17-24 yrs Women	Kelly-Anne Gamelin	QC
25+ yrs Women	Melissa Gagnon	QC
5-6 yrs Men	Brody Simas	ON
7 yrs Men	Charlie Kriz	ON
8 yrs Men	Carter Rhodenizer	AB
9 yrs Men	Rafael Trudel	QC



10 yrs Men	Bentley Erb	BC
11 yrs Men	Jhett Hickey	AB
12 yrs Men	Brady Mitschke	AB
13 yrs Men	Santiago Figueroa Bernier	QC
14 yrs Men	Dallen Brereton-Stiles	BC
15 yrs Men	Zakary Kaiser	ON
16 yrs Men	Ryan Chabrzynski	ON
17-24 yrs Men	Louis Edouard Dubé	QC
25-29 Men	Frederick Laroche	QC
30-34 yrs Men	Ludovic Sery	QC
35+ yrs Men	Michel Perkins	QC
12 & Under Cruiser Men	Jhett Hickey	AB
13-14 Cruiser Men	Xavier Lemire	QC
15-16 Cruiser Men	Evan Boerger	AB
17-24 Cruiser Men	Eloic Theriault	QC
30-34 Cruiser Men	Ludovic Sery	QC
35-39 Cruiser Men	Alexandre Bourgeois	QC
40-44 Cruiser Men	Hugo Donais	BC
45-49 Cruiser Men	Jean Lemire	QC
50+ Cruiser Men	Nicholas Bass	AB
12 & Under Cruiser Women	Riley Sophia Pootmans	ON
13-16 Cruiser Women	Rachel Wakaluk	AB
17-29 Cruiser Women	Audreyann Trussart	QC
30-39 Cruiser Women	Aya Belanger	QC
40+ Cruiser Women	Melanie Lessard	QC

2023 GRAVEL CHAMPIONS

Medalists Titled	Athlete	Prov
Junior Men	Ashlin Barry	ON
Junior Women	Rafaelle Carrier	QC
Elite Men	Evan Russell	BC
Elite Women	Devon Clarke	ON
Master Men 35-44	John Vanderveen	BC
Master Women 35-44	Jodi Wendland	ON
Master Men 45-54	Chris Pollett	ON
Master Women 45-54	Amy Moore	ON
Master Men 55-64	Bruce Bird	ON
Master Women 55-64	Andrea Moritz	ON



Master Men 65+	James Laird	ON
Master Women 65+	Anna Tykoliz	ON

2023 ESPORTS CHAMPIONS

Medalists Titled	Athlete	Prov
U17 Men	Tristan Taillefer	QC
U17 Women	Julia Lehmann	ON
Junior Men	Patrick Harris	ON
Junior Women		
Elite Men	Thom Thrall	TN
Elite Women	Mairen Lawson	AB
Master Men 35-44	Dan Zeggelaar	AB
Master Women 35-44	Laura Perry	QC
Master Men 45-54	Richard Keller	TN
Master Women 45-54	Josée Rossignol	QC
Master Men 55-64	Albert Chan	BC
Master Women 55-64	Diane Bomans	SK
Master Men 65+	Dave Wall	ON
Master Women 65+	Anna Tykoliz	ON
Para C, B, T	Lowell Taylor	AB
Para Handcycle		

