# RBC GranFondo Whistler Family Fundo





# **Event Timeline**

10:30 am - 11:00 am: Day of Registration + Check-in (Pick-up T-Shirt + Number Plate)

Whistler Street Entertainment Zone 10:30 am - 11:15 am:

(Interactive warm-up, Number Plate Decoration, Bicycle Billy)

11:15 am: Child Drop-off

11:15 am - 11:35 am: Grouped by coaches, Apply name plates, Bicycle/ Helmet check

# iRide Session: Ages 3-5 (Run bikes, stabilizers) - Parent Attendance Required

11:35 am - 12:05 pm: iRide Session (2 groups, 15 student each, 2 iRide coach + 4 volunteer)

12:05 pm - 12:10 pm: Water Break & Safety Talk

12:10 pm - 12:30 pm: Run-Bike Race Heats and Finale

# iRide Session: Ages 6-13 (Any style of 2 wheeler) - Parent Attendance Encouraged

11:35 am - 12:35 pm: iRide Session (4 group, 15 student each, 1 iRide coach + volunteer)

12:40 pm - 12:50 pm: Return to start for water break

12:50 pm - 1:15 pm: Select youth will take part in a group photo in Celebration Plaza, remaining kids

will continue iRide program in Lot 4

1:15 pm - 1:20 pm: Session ends, pick-up participants at registration in Lot 4