



CYCLING BC

NCCP COACH TRAINING

DELIVERED BY NCCP LF: LAUREN LAN

LET'S RIDE!

COMMUNITY INITIATION

HANDS-ON LEARNING OPPORTUNITY
DEC 8TH, 2018

Designed for coaches working with recreational adults or young riders (iRide).

Includes an indoor & outdoor component.

Ethical decision making, planning and organizing a practice, cycling safety and risk management, and introduction to skill teaching techniques

LEARN MORE AT:

cyclingbc.net/coaching

*Interesting in helping out in your community?

Speak with a coach development expert at Cycling BC: 604-737-3034