



**SUPPORTED BY:**

Columbia  
Basin **trust**



**CYCLING BC**

## **NCCP COACH TRAINING**

DELIVERED BY NCCP LEARNING FACILITATOR:  
BEN CHADDOCK

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READY TO RACE! INTRO-TO-COMPETITION

### **BASIC CYCLING SKILLS**

APRIL 13, 2019: 8AM-5PM  
ECOLE DES SEPT-SOMMETS, ROSSLAND

Designed for coaches working with both children in community programs and club athletes ready to try a cycling competition.

Includes an outdoor practice teaching section.

Materials covered include skill breakdown, skill teaching and practice coaching of all 10 basic cycling skills and maneuvers.

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LEARN MORE AT:  
[cyclingbc.net/coaching](http://cyclingbc.net/coaching)

\*Interesting in coaching at iRide or a local youth or adult club?  
Speak with a coach development expert at Cycling BC: 604-224-7433