



2019 XCO Nationals Selection Criteria

Location: Harwood Hills, Oro Station, ON

Dates: July 16th – 22nd, 2019

Description: Event format will have racers competing in XCO and XCT (Co-Ed Team Relay).

Team Composition: 5 males and 3 females¹

Project Details:

The project will run from July 16th – 22nd, inclusive of travel days. The project fee will range from \$500-\$600 and will include ground transportation, accommodation, cycling kit, race support, and house staples. Athletes are responsible for meals and preferred race and recovery food.

Selection Date: Notification of selection to the team will be made early.

Eligibility: To be eligible for selection to the team athletes must:

- Possess a current Cycling BC License
- Born between: 1997-2004

Selection Criteria:

Athletes will be selected objectively by points and subjectively by committee selection (3 males/2 female objectively 2 males/1 female subjectively). Selection will be made as follows:

Points will be earned in the following races:

1. *Canada Cup #1, Bear Mtn. – March 30th*
2. *Vedder Mountain Classic – May 11*
3. *Junkyard Dog/XCO Provincial Championships – May 19*

**For each race riders will be ranked 1-10 in the U17, U19 category & U23. Meaning there will be first place, second place, third place, etc. points awarded to each of the two categories.

Points can only be obtained in Expert Men/Women and will be awarded as indicated in Table 1. Ties will be broken by the number of 1st place finishes, 2nd place finishes, 3rd place finishes, etc.

Table 1.

Place	Points
1	10
2	9
3	8
4	7
5	6
6	5
7	4
8	3
9	2
10	1

¹ Cycling BC reserves the right to increase, decrease or reconfigure team size or quotas based on funding limitations, expert opinion of the coach or High Performance Coordinator or other factors not under Cycling BC's control.