## Introduction

A Risk Assessment is an important step in protecting Cycling BC members, affiliated clubs and the organization as a whole. There are inherent risks in all disciplines of cycling and we are continuously exposing ourselves to various risk. The Risk Assessment helps protect riders by bringing unknown risks to light so that we can willingly accept and manage them. It is not expect that clubs, event organizers or coaches eliminate all risk, but we are required to provide a standard of care and protect people as far as is reasonably practicable.

## What is Risk Assessment?

A **HAZARD** is something with the potential to cause harm

A **RISK** is the chance, or likelihood of the hazard having consequences for the riders.

A Risk Assessment is a tool to identify what hazards are likely to occur in any given situation (race, club ride, training session) and could lead to negative consequences for participants. Once a hazard is identified it is then a matter of assessing what this risk is in relation to the that hazard; LOW, MEDIUM or HIGH.

Following the risk assessment, control measures are considered for their effectiveness in reducing or eliminating risk. Once the control measures are implemented we are then left with the residual risk and additional steps that can be taken.

| **CYCLING BC RISK ASSESSMENT TEMPLATE** | | | | | | **Further Action Recommended/Required** | | |
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| **Activity** | **Hazard** | **Who is at risk** | **Level (H/M/L)** | **Control Measures Recommended** | **Residual Risk (H/M/L)** | **Y/N** | **What** | **Person Responsible** |
| *Example: Ride* | Falling off Bike | Rider | M | * Pay attention to road surface and dynamically risk-assess any changes. * Be aware of the signs and calls warning of changes in surface such as potholes * Only ride at a speed at which you are competent/confident * Assess skill level of new riders | L | Y | Should a club ride set off and there be a risk of ice then there should be a continual risk assessment of the conditions. Options to consider: A) call ride off B) change the route C) stick to main roads if they are clear of ice. | Ride Leader |
| *Example: Ride* | non-affiliated rider | Club and Club Members | M | Cycling BC strongly recommends that all clubs only allow Cycling BC members on club-hosted rides. | L | Y | Non-members can participate upon signing Cycling BC's release form | Club Manager/Ride Leader |
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