











The **Burnaby Velodrome Club** is pleased to announce the MovingForward program which was made possible with the support of **viaSport** and the **Province of BC**, and is offered to our local community, province, and country.

The BVC MovingForward program has been designed to promote mentorship and learning opportunities for the women in our cycling community so that they may continue the legacy of others and be better equipped in "moving forward" and leading.

Women's track cycling has created a great legacy for Canada on the world stage. Using the Burnaby Velodrome as our community backdrop we will bring together some great leaders from our amazing cycling family to share stories about their journey. This project sets out to inspire women to take up leadership roles in cycling as mentors, coaches, commissaires and just learn about those roles through amazing guest speakers and opportunities for participation in courses. For those in the lower mainland of BC, we hope to close out the program with a track skill session, as well as a Q+A wrap-up pending COVID restrictions.

The BVC MovingForward project will be kicked off at the beginning of February 2021. The program will be moderated by **Solveig Stoebe** - local creative communication designer, cycling adventurer, NCCP Community coach, **Steph Roorda** - pro rider, national team member, and **Laura Brown**, a former National team rider of 10 years, Olympic track medalist, and NCCP level 3 certified coach.

Be one of the first 8 people to sign up and receive 80% off the program! The MovingForward program is also open to another 12 who wish to participate at full cost. Access to the live-streamed presentations is open to all at no additional cost. Women only. <u>See more details attached</u>

This is the first time that the BVC has been able to offer this kind of program for our community. We are very honored to head it off! Register here







The MovingForward program is a series of inspirational speakers + courses

OPTION ONE 8 spots, 80% off, cost \$80 incl. guest talks + courses
OPTION TWO 12 Spots, full cost, cost \$390 incl. guest talks + courses
OPTION THREE Unlimited spots, access to session recordings, cost \$10
OPTION FOUR Unlimited spots, live stream access to presentations, cost \$0

SCHEDULE DETAILS

Sign up: To one of the four options
Application opens: 28th of January

Introduction Zoom-Call: 4th of February

Application closes: 7th of February

First Zoom Guest-Talk: Erin Waugh, Chief Executive Officer @Cycling BC, 8th of February 'Mentorship, Management, Leadership, Goal setting' Second Zoom Guest-Talk: Jenny Trew, NextGen Track Endurance Coach

@Cycling Canada,10th of February 'Coaching, Racing, Leading'

Third Zoom Guest-Talk: Anne Cobban, Commissaire @Ontario Cycling Association, 12th of February 'Commissaire, Courses, Experiences' Final Zoom Guest-Talk: Annie Foreman-Mackey Professional racing cyclist, 26th of March 'Path as high-level athlete, Overcoming obstacles'

Final Track Session: 3rd/4th of April

COURSES

Mentorship
Making Ethical Decisions (NCCP)

Club Theory A (NCCP)

Teaching + Learning (NCCP)

Provincial C Intro Commissaire Training

Register <u>here</u>

