

# COAST GRAVITY PARK™

*Coast Gravity Park BC Cup 2021*

*Coast Gravity Park  
PO Box 727, Sechelt BC V0N 3A2  
Phone: 604-989-5431  
Email: [events@coastgravitypark.ca](mailto:events@coastgravitypark.ca)*

*Sanctioned by*



# Table of Contents

## **1 Table of Contents**

## **2 General Information**

- 2.1 Event Overview
- 2.2 Venue
- 2.3 Site Map
- 2.4 Race Staff
- 2.5 Officials Committee
- 2.6 Inclement Weather
- 2.7 Race Headquarters, Awards, Podium Location, Media
- 2.8 Useful Links
- 2.9 Registration and package pick up

## **3 Race Schedule**

## **4 Event Specific Information**

- 4.1 Rules & Racing Format
- 4.2 Eligibility and License Information
- 4.3 Categories
- 4.4 Sign In or Registration/package pick up
- 4.5 Race Numbers and Timing information
- 4.6 Doping Control
- 4.7 Course Map
- 4.8 Warm Ups and Pre-riding the course
- 4.9 Equipment
- 4.10 Podium Protocol
- 4.11 Results
- 4.12 Series Points
- 4.13 Shuttle Trucks
  - Team Tent area and washrooms
  - Parking
  - First Aid
  - Security and Policing
  - Camping, lodging, bike shop and food
- 4.14 Travel Directions

## 2 General Information

Welcome to the Sunshine Coast! We're all visitors of the traditional territories of the Tla'amin, Klahoose, shíshálh and skwxwú7mesh nations. While visiting the Sunshine Coast, please remember to be safe, responsible, and respectful.

It is with great pleasure to welcome you to Coast Gravity Park for the final BC Cup race of the 2021 season. We're very excited to host our first ever official downhill race in partnership with Cycling BC on a brand new built and designed race trail.

Coast Gravity Park hosts a user-friendly shuttle truck system to access 16 trails carved through the pristine low elevation oceanfront forest. Riders are taken in groups to the top where they choose from skill building beginner trails all the way up to pro level jump trails; there's something for everyone to enjoy. CGP continues to grow and expand its current trail network for every level of enthusiast and strives to live up to the best maintained trails in the world. CGP has created a world class bike park offering the longest riding season worldwide.

Along with the downhill race we will also be hosting the annual Backwoods Jam. A Jump Jam on the world-renowned Backwoods Jumps hosted by Logan Peat. You can expect to see many slopestyle riders putting a show on for everyone to enjoy.

## 2.2 Venue

Coast Gravity Park  
(6km up Dusty Road)  
PO Box 727, Sechelt BC V0N 3A2  
Phone: 604-989-5431

### Hours of Operation

September-May 15  
Saturday & Sunday 10am-4pm

May 15-July 1  
Friday-Sunday 10am-4pm

July & August  
Thursday-Sunday 10am-4pm

\*Throughout the winter months park may shut down depending on snow\*

## 2.3 Site Map

## 2.4 Race Staff

**Events Manager:** Kendra Zegers (events@coastgravitypark.ca)  
Many volunteers and staff will be on site throughout the event.

## 2.5 Officials Committee

**Technical Delegate:** Cory Ostertag (cory@cyclingbc.net)

**Chief Commissaire:** Steve Sleep (ssleep@eastlink.ca)

**Member:** Coleen Ikona

**Member:** Sue Duxbury

**Member:** Kim Allen

## **2.6 Inclement Weather**

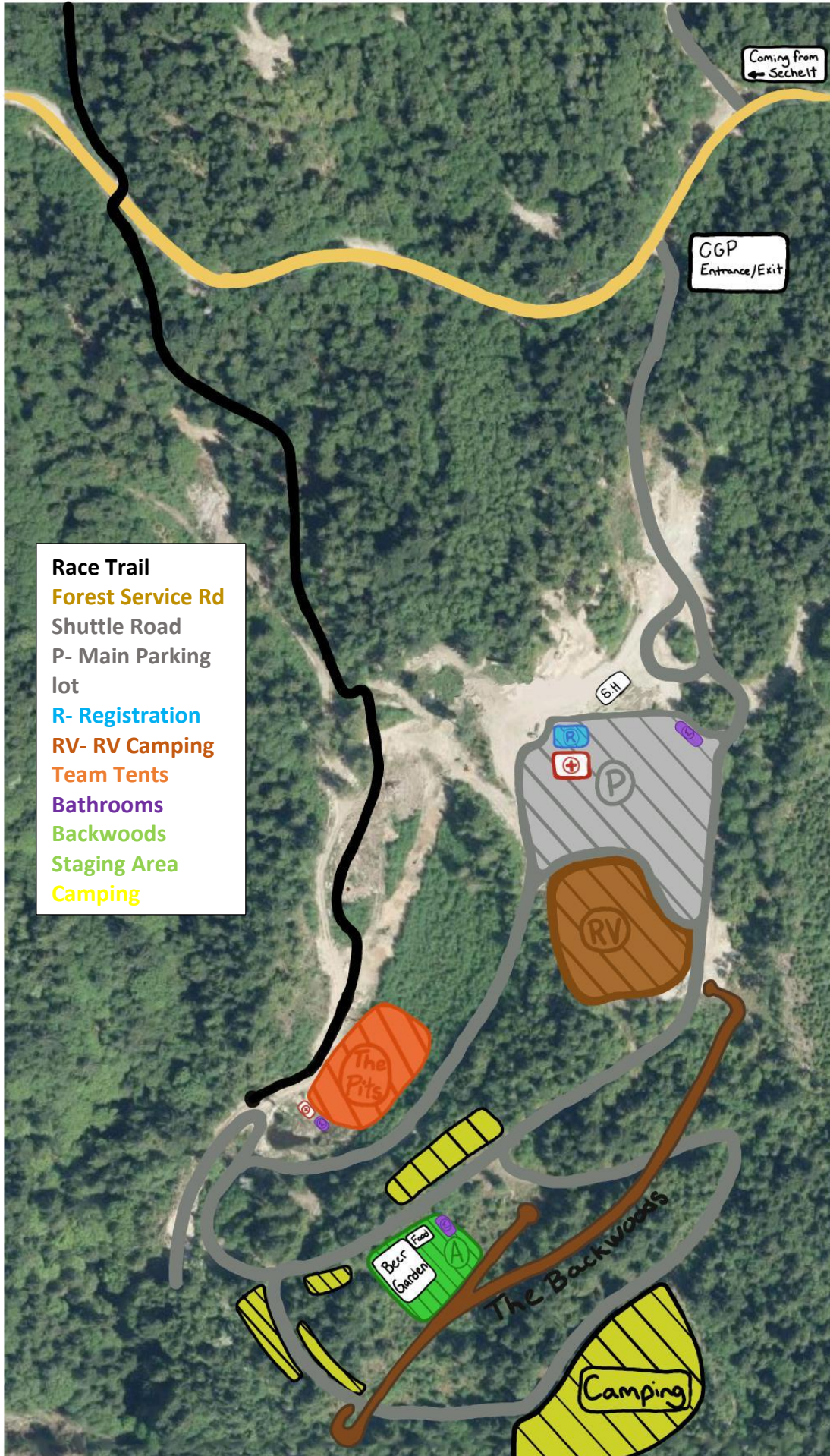
Event held rain or shine. In the event of unsafe weather (i.e.. snow or lightning) on race day, race officials may delay or cancel racing. Racing may also be cancelled, delayed, or modified in the event of unhealthy air quality (Air Quality Health Index Rating of 9 or higher) due to wildfire smoke.

## **2.7 Race Headquarters, Awards and Podium location, Media**

**HQ:** Registration Hut in main parking lot

**Awards:** Following Race in Backwoods Staging Area

**Media:** Damon Berryman



- Race Trail
- Forest Service Rd
- Shuttle Road
- P- Main Parking lot
- R- Registration
- RV- RV Camping
- Team Tents
- Bathrooms
- Backwoods
- Staging Area
- Camping

## 2.8 Useful Links

[Race Website](#)

[BC Cup Series](#)

[UCI Mountain Bike Regulations](#)

[Cycling Canada Companion Guide](#)

## 2.9 Registration and package pick up

Registration is online: <https://ccnbikes.com/#!/events/coast-gravity-park-bc-cup-2021>

\*Closes September 25<sup>th</sup> at 1pm\*

**Plate pick up:** Registration tent in main parking lot next to registration hut

## 3 Race Schedule



# COAST GRAVITY PARK BC CUP 2021

## FRIDAY SEPT 24

10 - 4PM: COURSE MARKED + OPEN TO RIDERS

4 - 6PM: PLATE PICKUP + REGISTRATION

4:30 - 5:30PM: COURSE WALK

COAST  
GRAVITY  
PARK

## SATURDAY SEPT 25

9 - 1PM: PLATE PICK UP + REGISTRATION

10 - 12:30PM: OPEN PRACTICE (ALL CATEGORIES)

12:30 - 1PM: VOLUNTEER BREAK

1 - 2PM: JR EX + ELITE PRACTICING

1 - 4PM: BACKWOODS JAM

2 - 3PM: OPEN PRACTICE (ALL CATEGORIES)

3:30 - 5PM: JR EX + ELITE SEEDING RUNS

6PM: RIDERS MEETING + SEEDING RUN RESULTS + RACE DAY START TIME POSTED

## SUNDAY SEPT 26

9 - 10AM: LAST CHANCE PLATE PICK UP

10 - 11:30AM: OPEN PRACTICE (ALL CATEGORIES)

11:30 - 12:00PM: JR EX + ELITE PRACTICE

12 - 12:30PM: VOLUNTEER BREAK

12:30PM: RACE START

AWARDS TO FOLLOW AT PODIUM IN BACKWOODS STAGING AREA

Race meeting at Backwoods staging area.

## 4 Event Specific Information

BC Cup Race Coast Gravity Park  
September 24<sup>th</sup>-26<sup>th</sup>

### 4.1 Rules and Racing Format

The BC Cup Downhill series will be run according to UCI and Cycling Canada rules.



- Prior to racing, each rider must complete at least two training runs on pain of disqualification (seeding runs are not considered training runs),
- Riders must start all training runs at the official start gate. Any rider starting a training run below the start line must be disqualified from the competition.
- Riders must display their handlebar number while training, seeding and final run.
- No foot traffic on bike trails while resort is open for operation.
- Coast Gravity Park is a smoke-free resort. No smoking/vaping is permitted anywhere
- If a rider exits the course for any reason, s/he must return to the course between the same two course markers where s/he exited. In case a rider fails to return to the course as provided for in this article, the commissaires' panel can disqualify the rider.
- The use of radio links or other remote means of communication with riders is forbidden
- Single run format using a seeding run that determines the start order for a single run in which the rider with the fastest time wins.
- A full-face helmet must be worn properly both when racing and when training on the course. The helmet must be fitted with a peak. Open-face helmets may not be worn.
- Riders are strongly recommended to wear the following protection: – back, elbow, knee and shoulder protectors made of rigid materials; – protection for the nape of the neck and the cervical vertebrae; – padding on shins and thighs; – broad full-length trousers made from rip-resistant material incorporating protection for the knees and calves, or broad-cut shorts made from rip-resistant material plus knee and calf protectors with a rigid surface; – long sleeved shirt; – full finger gloves.
- Each rider must complete at least two training runs on pain of disqualification. The start commissaire must ensure that this rule is applied.
- Riders must start all training runs at the official start gate. Any rider starting a training run below the start line must be disqualified from the competition
- Riders must display their handlebar number while seeding round and the final.

## 4.2 Eligibility and License Information

- All athletes must be in possession of a valid UCI international license or a Cycling BC provincial race license. Single event license may be available at the discretion of Cycling BC (see below).

- Domestic licenses from other countries or provinces within Canada are not permitted
- A rider whose license could not be verified and whose status as approved cannot be established in any other manner may not start and may not figure in the classification of the event.
- Single event licenses will be available for the following categories:
  - U15 Men
  - U15 Women
  - U17 Sport Men
  - U17 Women
  - Junior Sport Men
  - Sport/Expert ability level, Elite Men
  - Sport/Expert ability level, Elite Women
  - Masters Men (35+)
  - Masters Women (35+)
  - Open Women (15-99)
  - Pre-runner

### 4.3 Categories

The following categories are being offered. Bolded categories are 'championship categories' which require a UCI or Cycling BC Provincial Race License:

- U15 Men (13-14)
- U15 Women (13-14)
- U17 Sport Men (15-16)
- **U17 Expert Men (15-16)**
- U17 Women (15-16)
- Junior Sport Men (17-18)
- **UCI Junior Expert Men (17-18)**
- **UCI Junior Women (17-18)**
- Sport/Expert Elite Men (19-34)
- Sport/Expert Elite Women (19-34)
- **UCI Pro/Elite Men**
- **UCI Pro/Elite Women**
- Masters Women (35+)
- Masters Men (35-44)
- Masters Men (45-54)
- Masters Men (55+)

- Open Women (15-99)
- PreRunner

#### **4.4 Sign in or Registration and package pick up**

Volunteer and rider registration located in the main parking lot at the registration hut and white tent.

#### **4.5 Race numbers and timing information**

-Mandatory handlebar number required on all seeding and practice runs

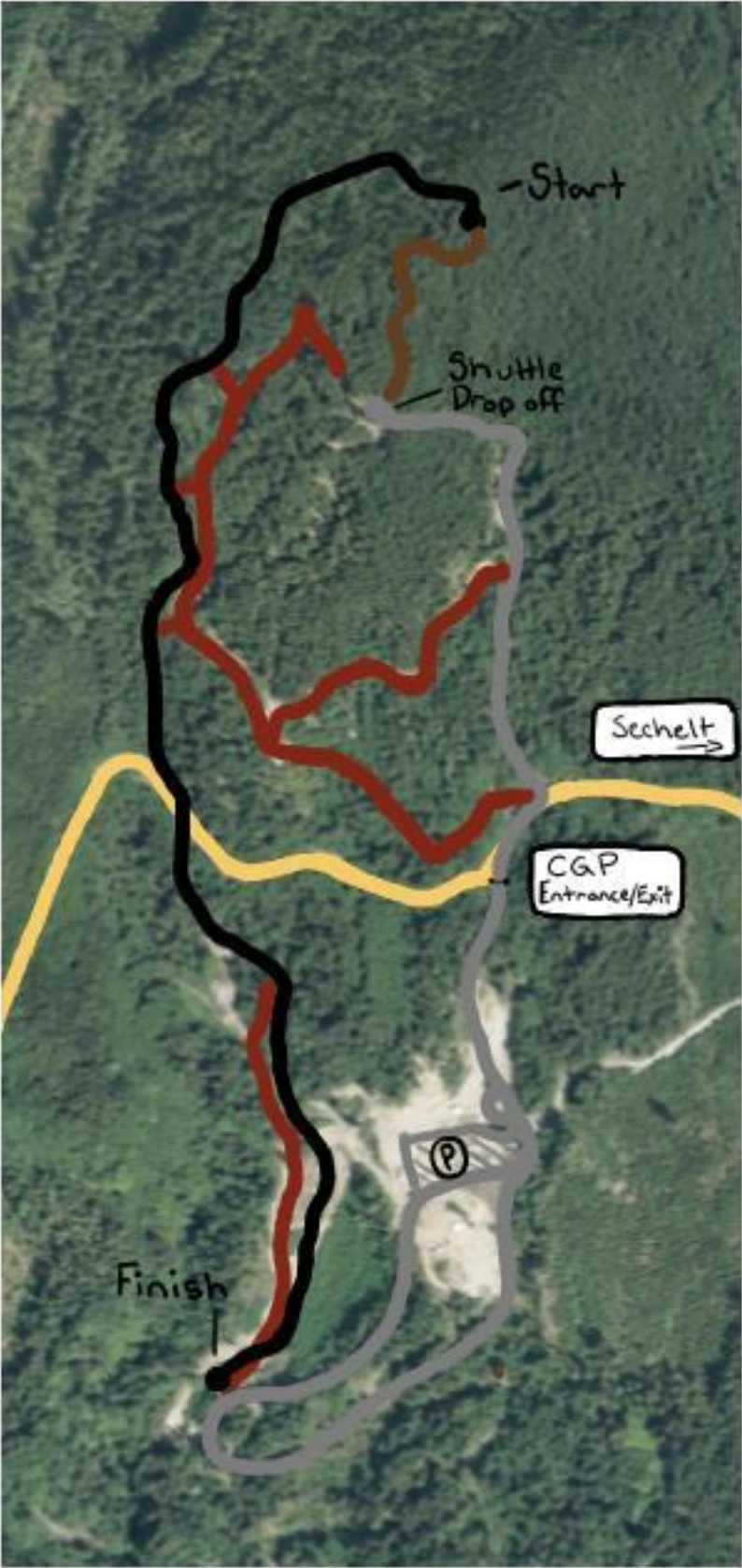
-Mandatory handlebar numbers required on all Final runs

#### **4.6 Doping Control**

##### **Coast Gravity Park BC Cup 2021**

- All races are conducted under UCI Antidoping regulations.
- It is the rider's and team manager's responsibility to know the rules.
- Drug Test Facility for CCES Antidoping Inspector to be announced at each venue.
- Athletes who are selected for testing will be met at the finish line by a chaperone.  
\*Note to all athletes who DNF you must report to the finish line. – Medical problems should be reported to a commissaire.
- Athletes participating at the [Event Title] requiring the use of a medication included on the Prohibited List must have a TUE prior to participating in the event.
  - This applies to all categories of athlete: elite, junior, master, etc. To obtain forms and TUE requirements, athletes are encouraged to visit the TUE Wizard, <http://cces.ca/tueforms>

#### **4.7 Course Map**



## **4.8 Warm up/pre-riding the course**

See event schedule.

## **4.9 Equipment**

- Helmets are required while riding a bike at all times
- Riders are required to wear club or team jerseys corresponding to their license
- Riders are strongly recommended to wear the following protection: – back, elbow, knee and shoulder protectors made of rigid materials; – protection for the nape of the neck and the cervical vertebrae; – padding on shins and thighs; – broad full-length trousers made from rip-resistant material incorporating protection for the knees and calves, or broad-cut shorts made from rip-resistant material plus knee and calf protectors with a rigid surface; – long sleeved shirt; – full finger gloves
- Cameras are not permitted during final for cross-country and during qualifying rounds and final for downhill/four cross/cross-country eliminator. The riders are responsible for securing the fixation of the cameras in order to avoid any danger. The UCI can decide to allow a camera during final but only for the usage of the TV production company

## **4.10 Podium Protocol**

- All podium finishers are expected to be in attendance and in clean cycling apparel representing their club or team corresponding to their license
- Approximately 30 mins following race on September 26th, in the Backwoods Staging Area

## **4.11 Results**

- Official Results will be posted during the awards ceremonies

## 4.12 Series Points

Place	Points	Place	Points	Place	Points	Place	Points
1	200	21	60	41	35	61	15
2	175	22	58	42	34	62	14
3	155	23	56	43	33	63	13
4	140	24	54	44	32	64	12
5	130	25	52	45	31	65	11
6	120	26	50	46	30	66	10
7	115	27	49	47	29	67	9
8	110	28	48	48	28	68	8
9	105	29	47	49	27	69	7
10	100	30	46	50	26	70	6
11	95	31	45	51	25	71	5
12	90	32	44	52	24	72	4
13	85	33	43	53	23	73	3
14	80	34	42	54	22	74	2
15	75	35	41	55	21	75	1
16	71	36	40	56	20		
17	69	37	39	57	19		
18	66	38	38	58	18		
19	64	39	37	59	17		
20	62	40	36	60	16		

## 4.13 Race Services and Amenities

### Shuttle Trucks:

CGP hosts a user-friendly shuttle truck system to access the trails. Located just above the main parking lot is the shuttle hut. This is where you will catch the shuttle to get to the top of the mountain. Each shuttle holds up to 16 riders and their bikes at a time and it takes roughly 10 minutes to get to the top of the mountain. Four shuttle trucks will be running for the event and will be running non-stop throughout the day. The bottom of the race trail ends below the shuttle hut so riders must take a short hiking trail up to the shuttle. At the top of the mountain riders will take another short hiking trail to the top of the race trail. Both hiking trails will be well marked.

The Park will be open to racers only for the entire weekend.

### Team Tent Area & Washrooms:

Team tents located at the finish line

Washrooms located in main parking lot, Backwoods staging area and finish line

**Parking:**

Main parking lot at the base of the mountain below the shuttle hut. Teams can drop off tents at the bottom of the dh course but must park in main parking lot. Please follow volunteers' directions.

**First Aid and Medical:**

First aid station located in main parking lot next to the registration hut. Medical staff will be stationed at the bottom of the trail.

**Security:**

Please listen to all staff and volunteers on the hill that are all trained for this event. If any issues arise let one of them know,

**Lodging, Bike Shop and Restaurants:**

**Lodging:**

Camping will be available on site (limited number of spots available). \$15 per night. RV spots available (no hook ups).

Bayside Campground and Porpoise Bay Campground are located on Sechelt Inlet Road. Both have full hook up sites and washroom/shower facilities.

Driftwood Inn in Sechelt is offering a discount to racers.

Garden Hotel in Gibson's is offering a discount to racers.

**Bike Shop:**

Elphi Cycles is located in Gibsons for all your bike repair and parts.

CGP has a small bike repair shop on the hill for small parts and repairs

**Restaurants:**

Food trucks will be at CGP for the entire weekend in the Backwoods staging area.

## **4.13 Directions**



Coast Gravity Park is located in Sechelt. A 45 minute drive from the Langdale ferry. 6km up Dusty Road. Plenty of signage along the way.