



2023 XCO Nationals Selection Criteria

Location: Dieppe NB & Kentville, NS

Dates: July 11th – 24th, 2023 (inclusive of travel dates)

Description: Event format will have racers competing in XCO, XCC and XCT (Co-Ed Team Relay).

Team Composition: 8 athletes¹

Project Details:

The project will run from July 11th – July 24th, inclusive of travel days. The project fee will range from \$1500 - \$1800 and will include ground transportation, accommodation, cycling kit, race support, pre/post race snacks, and house staples. Athletes are responsible for flights, meals and preferred race and recovery food.

Selection Date: Notification of selection to the team will be made after the Whistler CC.

Eligibility: To be eligible for selection to the team athletes must:

- Possess a current Cycling BC License
- Born between: 2005-2008

Selection Criteria:

Athletes will be selected objectively by points and subjectively by committee selection (2 males/2 female objectively, all other athletes subjectively using training camps and selection camps from the year). Selection will be based on the events listed below:

Points will be earned in the following races:

1. *Cobble Hill XCO: April 16th, Vancouver Island*
2. *Selection Camp: April 1st-2nd, Squamish, BC*
3. *Provincial Champs: June 3rd, Glenridge Acres, Abbotsford*

**For each race riders will be ranked 1-10 in the U17 & U19 category. Meaning there will be first place, second place, third place, etc. points awarded to each of the two categories.

Points can only be obtained in Expert Men/Women and will be awarded as indicated in Table 1. Ties will be broken by the number of 1st place finishes, 2nd place finishes, 3rd place finishes, etc.

Table 1.

Place	Points
1	10
2	9
3	8
4	7
5	6
6	5
7	4
8	3
9	2
10	1

¹ Cycling BC reserves the right to increase, decrease or reconfigure team size or quotas based on funding limitations, expert opinion of the coach or High Performance Coordinator or other factors not under Cycling BC's control.