



Participant health and safety is of utmost importance to Cycling BC; thus, the purpose of this document is to establish guidelines for activities organized, sanctioned, or conducted by Cycling BC and its affiliated clubs and events during periods of poor air quality. Cycling BC recommends erring on the side of caution if ever in doubt in any situation regarding the health and safety of participants.

Cycling BC uses the Government of Canada's [Observed Air Quality Index](#) and [Air Quality Guidelines](#) as its two primary resources for making informed decisions around any changes, rescheduling or reduction of its programs. Local event organizers are responsible for monitoring local air quality before and during an event, and rescheduling, modifying, or cancelling activities using the guidelines below:

GUIDELINES

Step 1: Go to the [British Columbia Air Quality Health Index \(AQHI\)](#) and find your location (note the station, time, date, and AQHI calculation).

Step 2: Consider taking the appropriate action based on the local AQHI.

Health Risk	AQHI	Action
Low Risk	1 - 3	Continue as normal.
Moderate Risk	4 - 6	Consider modifying activities by reducing intensity, duration, and providing rest periods.
High Risk to Very High Risk	7 - 10+	7 or above, reschedule or cancel youth activities; 8 or above, reschedule or cancel all activities.

At any point where a decision is to be made regarding rescheduling, modifying, or cancelling an event, the organizer, President of the Commissaire's Panel (PCP), and Cycling BC Technical Delegate reserve the right to cancel activities if conditions are considered dangerous. There are some areas in the province where there are no air quality monitoring stations and, in that case, using regional station data and the discretion of the officials and organizers take precedence.

Learn more about using the AQHI at: <https://www.canada.ca/en/environment-climate-change/services/air-quality-health-index/use.html>

Additional Resources: Air Pollution & Sport Safety Module <https://sirc.ca/air-quality-and-sport/>