

2026 BC Road Race Championships

FINAL

May 30, 2026

Thrashers Bike Club

<https://www.thrashersbc.ca>

Organizer: Drew Nelson, 604-364-7033, thrashersbc@gmail.com

Location: Hougen Park, 2887 Cole Rd. Abbotsford, BC

Course Description: A 17.4 flat (but windy?) course around the beautiful Sumas Prairie featuring long straight roads with right and left turns.

Course GPS Map: <https://ridewithgps.com/trips/382146835>

Registration: <https://www.bikereg.com/bc-road-race-championships>

Online registration closes May 29 at 6pm.

- GST and service charges will be added at checkout.
- Day of registration available for \$90 cash, \$80 Open, \$40 Youth.

Technical Delegate:

Cycling BC, Event Manager CY Young, cj@cyclingbc.net, 604-737-3034

Event Officials:

Marko Rosic – PCP / Heather Kay – Finish Judge / Gary Leung – Member /

Isaac LeBlanc – Member / Phyllis Tso – Member / Bruce Tonkin – Member

Categories and Licenses: Age based categories is racing age as of December 31, 2026. The championship categories will be recognized from Cycling BC. The Open Categories are non-Championship categories and will be awarded from Thrashers.

Championship categories must hold a 'UCI' or 'Provincial Race' license. Your license must be presented at sign on and whenever requested by a race official.

- Elites must be 19+ and hold a Cat 1, Cat 2, or Cat 3 license.
- Master racers must hold a Master license with corresponding age.

Open categories are non-championship. Can hold any level of Cycling BC membership or purchase a 'Single Day Event' before the race through CCN.

- Open Men and Open Women categories are offered for Cat 3, Cat 4, Cat 5 racers
- Open Youth A and Open Youth B categories are mixed gendered and offered so all youth can participate. Open Youth A is 3 laps; Open Youth B is 1 lap.
- Upgrade points are available per Cycling BC Upgrade Criteria

Single Event License: <https://ccnbikes.com/#!/memberships/cycling-bc-single-event-license-2026>

BC Residents without a current license can participate using a cyclingbc.net/single-event license

Non-BC residents may participate in this event by completing the following:

- If you hold a UCI Race license from another Canadian province or territory, you must sign at cyclingbc.net/waiver and present the confirmation email at the time of package pickup.
- If you have a Provincial Race license from another Canadian province or territory, a recreational license, or no license at all, you will need to purchase a Single-Event License at cyclingbc.net/single-event and present the confirmation email at package pickup.
- If you have a UCI Race license from America, you need to sign cyclingbc.net/waiver and present the confirmation email at package pickup, along with your UCI Race License from USA Cycling (which includes Sports Accident Coverage when competing abroad).
- If you have a USA Domestic license, you will need to purchase a Single-Event License at cyclingbc.net/single-event and present the confirmation email at package pickup. Please note, Cycling BC Sports Accident coverage is not available to non-BC residents. Participation may be limited to specific categories based on the sanctioning level.
- If you have a UCI Race license from another country, you need to sign cyclingbc.net/waiver and present the confirmation email at package pickup, along with your UCI Race License from your home nation and a letter from the federation that indicates you are permitted to compete abroad.

Start Times and Distances: Distance and Start Times subject to change. Race distances may be shortened in inclement weather. Some categories are combined into race groups but separated for results and podiums. Categories may be further separated or combined depending on registration numbers.

Category	Race	Reg.	Start	Finish	Total	Laps	Lap
	Group	Price	Time	Time	Distance		Distance
10am Start							
Junior U19 Men	A	\$40	10:00	12:15	87 km	5	17.4 km
Cadet U17 Men	A	\$40	10:00	12:15	87 km	5	17.4 km
Open Men	B	\$80	10:03	12:30	87 km	5	17.4 km
Master Men (C) 55-64	C	\$80	10:06	12:30	87 km	5	17.4 km
Master Men (D) 65+	C	\$80	10:06	12:30	87 km	5	17.4 km
Master Women (A) 35-44	D	\$80	10:09	12:00	70 km	4	17.4 km
Master Women (B) 45-54	D	\$80	10:09	12:00	70 km	4	17.4 km
Master Women (C) 55-64	D	\$80	10:09	12:00	70 km	4	17.4 km
Master Women (D) 64+	D	\$80	10:09	12:00	70 km	4	17.4 km
Junior U19 Women	D	\$40	10:09	12:00	70 km	4	17.4 km
Open Women	D	\$40	10:09	12:00	70 km	4	17.4 km
Cadet U17 Women	D	\$40	10:09	12:00	70 km	4	17.4 km
Open Youth A	E	\$40	10:12	11:30	52 km	3	17.4 km
Open Youth B	E	\$20	10:12	11:00	17 km	1	17.4 km
1pm Start							
Elite Men	A	\$80	1:00	5:00	157 km	9	17.4 km
U23 Men	A	\$80	1:00	5:00	157 km	9	17.4 km
Master Men (A) 35-44	B	\$80	1:03	3:00	121 km	7	17.4 km
Master Men (B) 45-54	C	\$80	1:06	3:00	105 km	6	17.4 km
Elite Women	D	\$80	1:09	3:00	105 km	6	17.4 km
U23 Women	D	\$80	1:09	3:00	105 km	6	17.4 km

Rider Safety:

- The race is on open roads with controlled intersections.
- Yellow line rule is in effect and will be monitored closely for violations at all events. DO NOT cross the Yellow Line. (Except in the last 300m for the final sprint)
- Always be aware that vehicular traffic, or other unexpected road users may also be on the road. If a vehicle unexpectedly impedes the race the riders MUST yield to the vehicle. Riders CAN NOT pass vehicles.
- All bikes must be road style drop bar bikes and conform to UCI bike rules. No TT bikes. Bikes cannot have fenders, racks, mirrors, or other accessories that may pose a safety risk to the race. No E-bikes allowed.
- Helmets are to be worn anytime you are on a bike.

Race Information:

- Categories will be paired into groups. Race groups will have staggered starts.
- It is the racers responsibility to know the course.
- There will be a lap board, but it is the racer's responsibility to count their own laps and know when they are finished.
- If a group or individual is being overtaken by a lead vehicle or passing group, overtaken riders must neutralize to the right side of the road and allow the overtaking group to pass. Passed riders can not join a passing group. Overtaken riders must remain 25m behind and 2m outside overtaking category.
- Dropped riders from any group can ride together if they don't join a leading group.

Parking, Race Sign In, and Start / Staging Area

- Participant parking is at Hougen Park
- Overflow parking is on Campbell Rd. Park on south side only.
- Sign in opens at 8:00am at Hougen Park
- Racers must sign in and show race license.
- Sign in closes 15 minutes prior to start time.
- You will be issued a bib number. Your RFID timing tag needs to be scanned.
- Bring your RFID from Thrashers Spring Series or buy one when registering online.
- Staging is at the west end of Hougen Park. Riders need to be in the staging area 10 minutes before their start time.
- Portable toilets located near registration.

Finish Area and Team Zone

- Finish line is along Cole Rd. in front of Hougen Park.
- The entire road will be open for the last 300m for each groups finish. The center line is dotted. It will be marked with signage.
- Spectating and Team Tents will be permitted in the park.

Timing and Numbers

- RFID timing by Wimsey
- You will need a seat post timing plate; either bring your own or buy one while registering. Timing tags must be horizontal.
- Bring your Spring Series number bib. Your race number is to be pinned over the bottom center of your jersey.
- Numbers must not be cut, folded, or manipulated in anyway or riders risk relegation.

Feed Zones and Mechanical Support

- There will be a designated Feed Zone along McDermott Rd. 50m south of S. Parallel Rd.

- It is in all riders' best interest to neutralize through the feed zone for safety and fair play
- Litter zone along McDermott Rd. before and after feed zone.
- In the event of a minor mechanical or accident, and you wish to keep racing, you can rejoin your group when they come around again, but you cannot contest the finish. You will be recorded -1 lap.
- If you DNF (Do Not Finish) you must report to the Race Official at the timing tent

Results and Podiums

- Unofficial results will be live online depending on cell service in the area.
- The official results will be verified by the Race Official. There will be a 15-minute time limit to protest the results. Podiums will proceed after this time.
- The podiums will be at Hougen Park.
- The top 3 riders of each category will be recognized on the podium.
- If a non-BC resident is top 3, in a BC Championship category, there will be 2 podiums presented for that category.
- The Championship categories will receive jersey and medals from Cycling BC
- The Open categories will receive medals from Thrashers Bike Club
- Results will be available on results.wimsey.co

First Aid / Medical

- Certified First Aid Attendants will be on site.
- The closest hospitable is Abbotsford Hospitable 32990 Marshell Rd. Abbotsford

Accommodation - *Special Group Rate!*

Clarion Hotel Abbotsford, 36035 North Parrell Rd

[Clarion Hotel Abbotsford BC Road Race Championships Accommodations \(1\).pdf](#)

Booking Link: <http://www.choicehotels.com/CNA93?srp=LRACE>

Or call hotel directly at 604-870-1050 and quote the booking code: **LRACE**

Rules, Equipment and Code of Conduct

- The Provincial Championships are an AA-level sanctioned event.
- The Provincial Championships will occur on the scheduled date and time. Regardless of unforeseen delays or prolonged stoppages, the Championships will not extend past Sunday, June 1st, 2026; however, the racing format may be modified at the discretion of the President of the Commissaire Panel (PCP) and Technical Delegate.
- Equipment rules per Cycling BC guidance: Provincial guidelines generally state that events should follow **Cycling Canada and UCI rules where applicable**. For the **2026 season**, Cycling BC will take a **measured and educational approach** to new equipment regulations.

- Athletes must compete in the clothing of their affiliated club/team, as per their license, or wear non-branded neutral clothing. Support staff are expected to wear club/team clothing in the road race feed zone. Support staff are expected to hold an active UCI technical license matching their associated role.
- All athletes must wear a helmet that satisfies all Canadian Standards Association (CSA) or equivalent requirements. Helmets are mandatory at all times in British Columbia. Commissaires and organizers accept no responsibility for the conditions of the competitors' bicycles before, during and after each event.
- All athletes lapped or in danger of being lapped by the lead group may be eliminated at the discretion of the PCP. Once eliminated, athletes must withdraw from the race immediately; failure to withdraw immediately will result in disciplinary action.
- All athletes must obey the rules of the road. Athletes must give way to Emergency Vehicles and, if required to do so, neutralize the race on their own, i.e., without instructions from an official.
- Temporary age upgrades are PERMITTED. However, we recommended athletes compete in their designated age category for safety, sporting spirit, government reporting, performance selections, and historical continuity. Please apply at cyclingbc.net/upgrade-request no later than 30 days before the event. We recommend that most young riders participate in the OPEN YOUTH events.
- Eligibility to Race: Per Cycling Canada's 2025 companion guide (1.2.028 N), this competition is open to Canadian citizens, permanent residents, landed immigrants, and individuals with refugee status in all categories, including UCI categories.
 - Proof of citizenship status (passport, permanent resident card, landed immigrant status, or refugee status papers), including UCI categories, may be required.
 - BC residents must hold an active Cycling BC membership (Provincial Race or UCI Race license) and have a ROAD designation to participate in a CHAMPIONSHIP category.
- Eligibility to Win: Only BC residents with the necessary membership/license can win a BC Provincial Championship title and medals.
 - Two podium presentations will occur if a non-BC resident (i.e., Albertan) places among the top three overall finishers in their race category. The first presentation will celebrate the race's finish order, and the second will commemorate the Provincial Championship.
 - Provincial Championship titles, jerseys, and medals will be awarded regardless of the number of athletes in the category.
- If an athlete wins multiple championships, only ONE jersey is awarded. If the jersey provided during the awards ceremony is the wrong size, Cycling BC staff will follow up afterward. If an athlete wins multiple medals, only a maximum of one gold, one silver, and one bronze medal will be awarded.

- All protests concerning the finish order shall be examined and resolved by the PCP, whose decision is final and without appeal. Protests must be made verbally or in writing to the PCP no later than 15 minutes after the unofficial results are posted. There is no required deposit or payment to launch a protest. Final decisions will be announced soon, so podium ceremonies may proceed.
- All athletes finishing on the podium must attend the award ceremonies and wear their affiliated club/team cycling clothing. Athletes who cannot participate in the ceremony must advise the PCP or the Technical Delegate with a valid reason (travel or “catching a ferry” is not a valid reason). As per UCI rule 1.2.113, riders shall appear on the podium in competition clothing (i.e., no political messaging). Failure to do so will result in a fine and loss of the award according to UCI rule 2.12.007.1.4.
- Official race results will be released after the Finish Judge signs them and distributes them at the event check-in area. They will also be posted on the race’s official website in the following days.
- It is against the law to urinate in public in British Columbia. If doing so, you may be cited by local law enforcement. Please also obey all traffic laws, speed limits, and law enforcement directions. Cycling BC Commissaires may enforce these rules concerning athletes and team staff, even if there is no citation by local law enforcement.
- All athletes must use the frame number plate and body numbers, without modification (e.g., cutting, folding).
- Where it is deemed that the image or reputation of the event organization may be blemished, notably concerning anti-doping measures and the behavior of any team member (management or athlete), the organizer reserves the right to exclude the athlete(s) or team member(s) involved at any time during the race.
- The race officials are entitled to immediately remove from the competition a rider who has dropped so far behind as not to be able to catch up again or who constitutes a danger to other persons. The race officials are entitled to take decisions that may be required to ensure the proper conduct of the race.
- Where applicable, the local anti-doping legislation will be applicable in addition to the UCI's anti-doping regulations.

All participants should abide by the code of conduct established by our governing body:

<https://cyclingbc.net/wp-content/uploads/2014/11/Rider-Code-of-Conduct.pdf>

Giddy Up!

