

2026 BC Time Trial Championships

FINAL

May 31, 2026

Thrashers Bike Club

<https://www.thrashersbc.ca>

Organizer: Drew Nelson, 604-364-7033, thrashersbc@gmail.com

Location: Hougen Park, 2887 Cole Rd. Abbotsford, BC

Course Description: A 17.4 km flat (but windy?) course around the beautiful Sumas Prairie.

Course GPS Map: <https://ridewithgps.com/trips/382146835>

Registration: <https://www.bikereg.com/bc-time-trial-championships>

- Online registration closes May 29 at 6pm.
- GST and service charges will be added at checkout.
- No Day of registration available.

Technical Delegate:

Cycling BC, Event Manager CY Young, cj@cyclingbc.net, 604-737-3034

Event Officials:

Heather Kay – PCP / Marko Rosic – Member / Gary Leung – Member /

Isaac LeBlanc – Member / Phyllis Tso – Member / Bruce Tonkin - Member

Categories

- Age based categories is racing age as of December 31, 2026. The championship categories will be recognized from Cycling BC. The Open Categories are non-Championship categories and will be awarded from Thrashers.

Championship Categories: must hold a 'UCI' or 'Provincial Race' license. Your license must be presented at sign on and whenever requested by a race official.

- Elites must be 19+
- Master racers must hold a Master license with corresponding age.
- Upgrade points are available per Cycling BC Upgrade Criteria.

Para-Cycling Categories: Para cycling includes athletes who have a visual impairment, or physical impairment (limb deficiency, athetosis/ataxia, hypertonia, impaired muscle power). Athletes can register in the following:

- Bicycle (C Class)
- Tandem (B Class)
- Tricycle (T Class)
- Hand Cycle (H Class)

If you are already a Nationally or Internationally Classified Athlete, you can enter your Classification Category in the comments section. Otherwise, registered Para athletes will be contacted by the race organizer to collect information about classification and category. If you are interested in learning more about classification, you can fill out the Athlete Classification Questionnaire: [Athlete Classification Questionnaire](#).

Open Categories: can hold any level of Cycling BC membership or purchase a 'Single Day Event' before the race through CCN.

- No Bike Restrictions / Tri Bikes Welcome

Single Event License: <https://ccnbikes.com/#!/memberships/cycling-bc-single-event-license-2026>

BC Residents without a current license can participate using a cyclingbc.net/single-event license

Non-BC residents may participate in this event by completing the following:

- If you hold a UCI Race license from another Canadian province or territory, you must sign at cyclingbc.net/waiver and present the confirmation email at the time of package pickup.
- If you have a Provincial Race license from another Canadian province or territory, a recreational license, or no license at all, you will need to purchase a Single-Event License at cyclingbc.net/single-event and present the confirmation email at package pickup.
- If you have a UCI Race license from America, you need to sign cyclingbc.net/waiver and present the confirmation email at package pickup, along with your UCI Race License from USA Cycling (which includes Sports Accident Coverage when competing abroad).
- If you have a USA Domestic license, you will need to purchase a Single-Event License at cyclingbc.net/single-event and present the confirmation email at package pickup. Please note, Cycling BC Sports Accident coverage is not available to non-BC residents. Participation may be limited to specific categories based on the sanctioning level.
- If you have a UCI Race license from another country, you need to sign cyclingbc.net/waiver and present the confirmation email at package pickup, along with your UCI Race License from your

home nation and a letter from the federation that indicates you are permitted to compete abroad.

Start Times and Distances: Distance and Start Times subject to change. Race distances may be shortened in inclement weather.

Category	Reg. Price	Start Time	Finish Time	Total Distance	Laps	Lap Distance
10am Start						
Junior Men U19	\$40	10:00	11:00	35 km	2	17.4 km
Master Women (A) 35-44	\$50	10:00	11:00	35 km	2	17.4 km
Master Women (B) 45-54	\$50	10:00	11:00	35 km	2	17.4 km
Master Women (C) 54-64	\$50	10:00	11:00	35 km	2	17.4 km
Master Women (D) 65+	\$50	10:00	11:00	35 km	2	17.4 km
Junior Women U19	\$40	10:00	11:00	35 km	2	17.4 km
Open Women	\$50	10:00	11:00	35 km	2	17.4 km
Cadet Women U17	\$40	10:00	11:00	17.4 km	1	17.4 km
Cadet Men U17	\$40	10:00	11:00	17.5 km	1	17.4 km
Para-Cycling Categories	\$40	10:00	11:00	17.4 km	1	17.4 km
Master Men (A) 35-44	\$50	12:00	1:00	35 km	2	17.4 km
Master Men (B) 45-54	\$50	12:00	1:00	35 km	2	17.4 km
Master Men (C) 55-64	\$50	12:00	1:00	35 km	2	17.4 km
Master Men (D) 65+	\$50	12:00	1:00	35 km	2	17.4 km
Open Men	\$50	12:00	1:00	35 km	2	17.4 km
Elite Men	\$50	2:00	3:00	35 km	2	17.4 km
U23 Men	\$50	2:00	3:00	35 km	2	17.4 km
Elite Women	\$50	2:00	3:00	35 km	2	17.4 km
U23 Women	\$50	2:00	3:00	35 km	2	17.4 km

Rider Safety:

- The race is on open roads with controlled intersections.
- Yellow line rule is in effect and will be monitored closely for violations at all events. DO NOT cross the Yellow Line.
- Helmets are to be worn anytime you are on a bike.

Championship TT Rules:

- TT bikes and rider will conform to rules as set out in UCI 2023 rules and regulations. TT bikes will undergo bike check by Commissaires prior to departure and will remain in Start corral prior to time of departure.

- TT bikes are allowed for U23 and above age categories.
- As per Cycling Canada guidelines, Junior U19 and Cadet U17 will not be permitted to use TT bikes or aero bars. Youth U17 Carbon wheels are allowed to a maximum of 50mm.
- Individual TT holders will be provided by the Organizer.
- It is the racers responsibility to know the course.
- There will be no lap board, it is the racer's responsibility to count their own laps and know when they are finished.

Parking, Race Sign In, and Start / Staging Area

- Participant parking is at Hougen Park
- Sign in opens at 8:00am at Hougen Park
- Racers must sign in and show race license.
- Sign in closes 30 minutes prior to start time.
- You will be issued a bib number. Your RFID timing tag needs to be scanned.
- Bring your Bib and RFID from Thrashers Spring Series or buy one when registering online.
- Staging is at the west end of Hougen Park. Riders need to be in the staging area 10 minutes before their start time.
- Portable toilets located near registration.

Finish Area and Team Zone

- Finish line is along Cole Rd. in front of Hougen Park.
- Spectating and Team Tents will be permitted in the park.

Timing and Numbers

- RFID timing by Wimsey
- You will need a seat post timing plate; either bring your own or buy one while registering.
- You will receive a race number to be pinned over the bottom center of your jersey.
- Numbers must not be cut, folded, or manipulated in anyway or riders risk relegation.
- If you DNF (Do Not Finish) you must report to the Race Official at the timing tent

Results and Podiums

- Unofficial results will be live online depending on cell service in the area.
- The official results will be verified by the Race Official. There will be a 15-minute time limit to protest the results. Podiums will proceed after this time.
- The podiums will be at Hougen Park.
- The top 3 riders of each category will be recognized on the podium.
- If a non-BC resident is top 3, in a BC Championship category, there will be 2 podiums presented for that category.

- The Championship categories will receive jersey and medals from Cycling BC
- The Open categories will receive medals from Thrashers Bike Club
- Results will be available on results.wimsey.co

First Aid / Medical

- Certified First Aid Attendants will be on site.
- The closest hospitable is Abbotsford Hospitable 32990 Marshall Rd. Abbotsford

Accommodation - Special Group Rate!

Clarion Hotel Abbotsford, 36035 North Parrell Rd

[Clarion Hotel Abbotsford BC Road Race Championships Accommodations \(1\).pdf](#)

Booking Link: <http://www.choicehotels.com/CNA93?srp=LRACE>

Or call hotel directly at 604-870-1050 and quote the booking code: **LRACE**

UCI Rules, Equipment and Code of Conduct

- The Provincial Championships are an AA-level sanctioned event.
- The Provincial Championships will occur on the scheduled date and time. Regardless of unforeseen delays or prolonged stoppages, the Championships will not extend past Sunday, June 1st, 2026; however, the racing format may be modified at the discretion of the President of the Commissaire Panel (PCP) and Technical Delegate.
- Equipment regulations for all championship categories will be enforced, per UCI rules and CC's Companion Guide. Athletes must always have their hands on the handlebars while riding and racing. Athletes must compete in the clothing of their affiliated club/team, as per their license, or wear non-branded neutral clothing. Support staff are expected to wear club/team clothing in the road race feed zone. Support staff are expected to hold an active UCI technical license matching their associated role.
- All athletes must wear a helmet that satisfies all Canadian Standards Association (CSA) or equivalent requirements. Helmets are mandatory at all times in British Columbia. Commissaires and organizers accept no responsibility for the conditions of the competitors' bicycles before, during and after each event. Bikes and equipment are required to comply with UCI and Cycling Canada regulations. 1.5. 1.6. 1.7. 1.8. 1.9. 1.10.
- All athletes lapped or in danger of being lapped by the lead group may be eliminated at the discretion of the PCP. Once eliminated, athletes must withdraw from the race immediately; failure to withdraw immediately will result in disciplinary action.
- All athletes must obey the rules of the road. Athletes must give way to Emergency Vehicles and, if required to do so, neutralize the race on their own, i.e., without instructions from an official.
- Temporary age upgrades are PERMITTED. However, we recommended athletes compete in their designated age category for safety, sporting spirit, government

reporting, performance selections, and historical continuity. Please apply at cyclingbc.net/upgrade-request no later than 30 days before the event. We recommend that most young riders participate in the OPEN YOUTH events.

- Eligibility to Race: Per Cycling Canada's 2025 companion guide (1.2.028 N), this competition is open to Canadian citizens, permanent residents, landed immigrants, and individuals with refugee status in all categories, including UCI categories.
 - Proof of citizenship status (passport, permanent resident card, landed immigrant status, or refugee status papers), including UCI categories, may be required.
 - BC residents must hold an active Cycling BC membership (Provincial Race or UCI Race license) and have a ROAD designation to participate in a CHAMPIONSHIP category.
- Eligibility to Win: Only BC residents with the necessary membership/license can win a BC Provincial Championship title and medals.
 - Two podium presentations will occur if a non-BC resident (i.e., Albertan) places among the top three overall finishers in their race category. The first presentation will celebrate the race's finish order, and the second will commemorate the Provincial Championship.
 - Provincial Championship titles, jerseys, and medals will be awarded regardless of the number of athletes in the category.
- If an athlete wins multiple championships, only ONE jersey is awarded. If the jersey provided during the awards ceremony is the wrong size, Cycling BC staff will follow up afterward. If an athlete wins multiple medals, only a maximum of one gold, one silver, and one bronze medal will be awarded.
- All protests concerning the finish order shall be examined and resolved by the PCP, whose decision is final and without appeal. Protests must be made verbally or in writing to the PCP no later than 15 minutes after the unofficial results are posted. There is no required deposit or payment to launch a protest. Final decisions will be announced soon, so podium ceremonies may proceed.
- All athletes finishing on the podium must attend the award ceremonies and wear their affiliated club/team cycling clothing. Failure to attend may result in a fine and loss of prize money. Athletes who cannot participate in the ceremony must advise the PCP or the Technical Delegate with a valid reason (travel or "catching a ferry" is not a valid reason). As per UCI rule 1.2.113, riders shall appear on the podium in competition clothing (i.e., no political messaging). Failure to do so will result in a fine and loss of the award (including prize money) according to UCI rule 2.12.007.1.4.
- Official race results will be released after the Finish Judge signs them and distributes them at the event check-in area. They will also be posted on the race's official website in the following days.
- It is against the law to urinate in public in British Columbia. If doing so, you may be cited by local law enforcement. Please also obey all traffic laws, speed limits, and law

enforcement directions. Cycling BC Commissaires may enforce these rules concerning athletes and team staff, even if there is no citation by local law enforcement.

- All athletes must use the frame number plate and body numbers, without modification (e.g., cutting, folding).
- Where it is deemed that the image or reputation of the event organization may be blemished, notably concerning anti-doping measures and the behavior of any team member (management or athlete), the organizer reserves the right to exclude the athlete(s) or team member(s) involved at any time during the race.
- The race officials are entitled to immediately remove from the competition a rider who has dropped so far behind as not to be able to catch up again or who constitutes a danger to other persons. The race officials are entitled to take decisions that may be required to ensure the proper conduct of the race.
- Where applicable, the local anti-doping legislation will be applicable in addition to the UCI's anti-doping regulations.

All participants should abide by the code of conduct established by our governing body:

<https://cyclingbc.net/wp-content/uploads/2014/11/Rider-Code-of-Conduct.pdf>

Have Fun!