**Canadian Sport Institute Pacific**

**Cycling Talent Development Program**

**2013-2014 Selection Protocol**

The following document defines the procedures for athlete selection to the Canadian Sport Institute Pacific Cycling Talent Development Program (Cycling TDP).

**Program Goal:**

The goal of the Canadian Sport Institute Pacific Cycling TDP is to support the implementation of Cycling Canada’s high performance development system in BC to ensure athletes and coaches are being trained to standards required to win Olympic and World Championship medals. The program is provided in partnership between Cycling Canada, Cycling BC and the Canadian Sport Institute Pacific.

**Coaching Staff:**

The 2013/14 program will be led by the Cycling Talent Development Coach with guidance from Cycling Canada’s National Team Mountain Bike Coach and Canadian Sport Institute Staff (IST, planning, and administration).

**Athlete Eligibility:**

1. Canadian citizen;
2. Age of eligibility requirements met for U19 racing category for the 2014 competitive season (exceptions may be made for athletes who are eligible for U23 racing category in 2014);
3. Member in good standing with Cycling Canada; or, for a new athlete, enlist as a member of Cycling Canada on or before December 31, 2013;
4. Athlete must sign a Canadian Sport Institute Pacific Cycling Talent Development Program Athlete Agreement.

**Selection Process**:

1. Selection for the 2013/14 Cycling Talent Development Program will be based on a three step process:

**Step 1.** Initial Acceptance.

Initial acceptance to the program is based on one or more of the following;

1. Relevant competitive results at provincial, national or international competitions posted between September 1, 2012 and September 1, 2013 in the sports of Track, MTB, Road or;
2. Recommendation from the TDP Coach; National or Provincial Coach; or the athlete’s personal coach or;
3. New athletes may be granted initial acceptance based on results achieved in PODIUM SEARCH™ events or Cycling Canada’s talent identification initiatives throughout BC.

**Step 2.** Three Day Assessment Camp.

Athletes offered Initial Acceptance will be invited to a three day Cycling Assessment Camp to further identify their strengths and areas of improvement. The Cycling Assessment Camp will include cycling-specific fitness testing, skill testing and an interview with the Talent Development Coach. The Cycling Assessment Camp will take place September 27-29, 2013 (date to be confirmed).

**Step 3.** Three-Month Training Assessment.

Athletes may be selected to join the Talent Development Program for a three month trial period at the completion of the three day Cycling Assessment Camp. The trial program begins October 7, 2013.

1. The full time Cycling Talent Development Program begins January 6, 2014.
2. All program selections are for the 2014 season only. Athlete progress will be re-assessed three times per year.
3. Selections are based on results posted within the above time period, and are supported by the athlete’s demonstrated commitment to furthering their development within high performance cycling as indicated by ongoing performance progression, work ethic, attendance, attitude, health and age.
4. The final decision to accept an athlete into the program will rest with the Cycling TDP coach.
5. Issues not otherwise covered by this document are subject to the decision of the Canadian Sport Institute Pacific Cycling Talent Development Program Management Team.

**Training Group Description:**

There are two pathways an athlete can take to be a part of the Cycling Talent Development Program. Which pathway an athlete participates in will be determined by athlete performance and program capacity. The two pathways are full-time and invited athletes. All athletes selected to participate within the Cycling Talent Development Program will continue to represent their local / home club team.

Full-Time Athletes:

Athletes must reside in Victoria. Cyclists in this program will train together 5-6 times per week, based on optimal program design for each athlete, in a coach lead training environment. Cyclists must have a school schedule that allows them to participate in the TDP training sessions (typically 2-5pm each day). Weekend training sessions and competitions are also a regular part of this program.

Invited Athletes:

These athletes will train full-time within their home club/coach. However they, along with their coach, will be invited at specific times to train in Victoria within the Cycling Talent Development Program. This is an outreach program in partnership with Cycling BC and Cycling Canada to facilitate Talent Identification and Development amongst British Columbia’s targeted athletes and their club coaches.

**Athlete Support (Integrated Support Team):**

The Cycling Talent Development Coach has an extensive Integrated Support Team (IST) with specialists in mental training, physiology, nutrition and strength and conditioning. As a member of the Talent Development Program athletes will have targeted access to this team of specialists. Targeted access is based on ongoing individual athlete needs assessments; performance progression, and an ongoing demonstration of athlete commitment to the program.

**Application and Acceptance Process:**

Athletes wishing to apply to the Cycling Talent Development Program should contact Jeff Ain at [jain@csipacific.ca](mailto:jain@csipacific.ca). Please include your **school calendar** and **school schedule** (or approximate schedule) as an attachment to your e-mail. Deadline for application is September 2, 2013.

All applications will be reviewed and athletes will be contacted on or before September 16 to discuss their initial acceptance to the Talent Development Program.